



Top Stories

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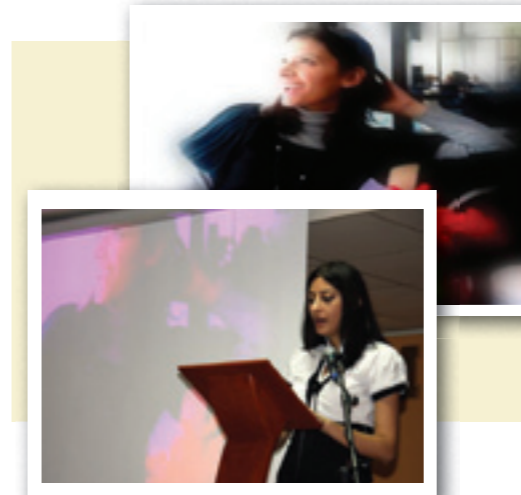
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LIU Community Commemorates Instructor Majdolynn Dinnawi in Memorial at Saida Campus

The LIU community organized a memorial ceremony on October 26, 2010 to remember the many ways in which deceased lab instructor Majdolynn Dinnawi touched the lives of her students and coworkers. The ceremony welcomed her immediate family, staff and students and members of the LIU administration. A short movie about her life, produced by her former students, was shown, bringing to light the loss the entire campus collectively felt.

Dr. Ali Tarabay Guest Speaker at Roundtable on Arab-Canadian Relations

LIU's Vice President for Academic Affairs Dr. Ali Tarabay was a guest speaker at a roundtable on Arab-Canadian Relations that took place from November 1 to 3 at the premise of the League of Arab States in Cairo, Egypt. Dr. Tarabay presented a paper on behalf of LIU that grapples the issue of quality higher education in the Arab world and what it portends for a future Arab-Canadian partnership. The roundtable was sponsored by the League of Arab States and the Government of Canada and aimed to discuss new ways to expand collaboration between Canada and the Arab world.



American Hospitality Academy Seminar at LIU

A seminar for the American Hospitality Academy was held at LIU's Beirut campus on Friday, January 14, 2011. Students had the chance to ask questions and find more about the programs of the Academy. The American Hospitality Academy's role is to recruit international hospitality students from reputable universities to do internships and training programs in USA. It doesn't only give them the opportunity of training but also it grants personal and cultural awareness. The Academy offers 2 kinds of programs: An undergraduate program and a graduate program. Both programs offer a stipend package that includes free accommodation, transportation, books, seminars, and shopping trips, in addition to a weekly allowance. In the seminar, the American Hospitality Academy declared the launch of a competition among all Lebanese universities, offering five free awards consisting of full scholarships and free tickets. For more information about the competition, please contact Dr. Ibrahim Baghdadi.

LIU Student Second Place Winner in Lebanese Universities Ping-pong Championship

Student Ahmad Harb represented the Lebanese International University in the Lebanese Ping-pong Championship and won second place in the December 18 competition. He is now eligible to compete in the International Universities Ping-pong Championship in August. The Business Management student is a four-time Lebanese Ping-pong Champion and is ranked second in Lebanon in the under 21 age group. He has been in Lebanon's national ping-pong team since 2006.



New LIU Campus in Tyre

The Lebanese International University has opened its newest branch in Tyre in Fall 2010/2011. All majors are being offered with the exception of Pharmacy. It is currently directed by Mr. Khaled Murad and Dr. Ali Tarabay and will expand to include three blocks by next fall. The campus is a part of LIU's expansion across Lebanon and the Arab world, in the aim of bringing access to education to rural regions. The phone number of the Tyre campus is 70/119 431.



LIU Students Achieve 100% Success Rate in Pharmacy Colloquium

All Pharmacy students from LIU taking the yearly Pharmacy Colloquium examinations achieved passing scores, making LIU the only university to boast such a success rate for the 2009/2010 examination. All other universities across the country fell short of this with at least one student failing to meet the requirements of the Colloquium. The School of Pharmacy at LIU has boasted a history of high achievement; more recently with one of its students, Ms. Nadine Zainab, scoring the highest mark in Lebanon (17/20) in the 2008/2009 Colloquium.



LIU Hosts the 2010 Science and Business Exhibition in Nabatieh

LIU hosted the 2010 Science and Business Exhibition at its Nabatieh campus from November 5-7 and was one of its main sponsors. The Business and Science Exhibition is a yearly event that includes representatives from the educational and business sectors, and aims at bridging the gap between information receipt – in schools and colleges – and usage – in the workplace. Scholars from the Lebanese University, the Ministry of Education and Higher Education, the Educational Center for Research and Development, the Military Academy, as well as LIU discussed the positive and negative connotations of the current school and college curricula, and their potential projection in the workplace. In another session, H.E. Minister Mohammad Fneish shared a panel with representative of governmental bureaus and NGO's to discuss the current workforce situation and ways to improve its conditions.



LIU Students Excel in Medical Laboratory Colloquium

LIU's 34 third-year Medical Laboratory students have passed the Colloquium of the Ministry of Public Health for this year. Six of these students achieved honor grades. Dean of the School of Arts and Sciences Dr. Tarek Harb attributes their success to "to their dedication and perseverance, and to the immense commitment of our talented instructors who are providing our students with their personal time and endless effort in order to help them rise to such a level of excellence."

Presenting the LIU Alumni Society

The Lebanese International University would like to announce the inception of the LIU Alumni Society. It will welcome all graduates of LIU and will hold regular events including yearly reunions. A page will also be set aside in The Scope about personal and professional developments in the lives of our alumni. A complete database of all LIU alumni is now being generated. Interested alumni wishing to join the Society and be notified about future developments can submit their names and contact information to careers@liu.edu.lb.



Dorms Now Available Around Beirut Campus

LIU dormitories are now available near LIU Beirut campus. These facilities are for female and male students. Likewise, there are also dorms for males only in the Barbour Area. Interested students should pass by the Student Affairs Office to add their names and their contact numbers. When there is availability the Student Affairs office will contact them. Residents have access to the housing facilities, which include the common room, washing machine, kitchenette and furniture.

Landmine Awareness Seminar at Saida Campus

On Monday December 6, 2010 Colonel Mohammad al Sheikh gave at Saida Campus a seminar about the dangers of landmines and cluster bombs. Students and faculty were in attendance, as well as a delegation from the National Office of Mine and Cluster Bombs and the medical coordinator of the Generations of Peace Society. The latter gave a brief overview on the achievements of the Assembly and highlighted their work.

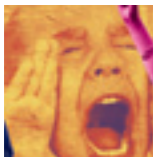


Women's Rights Camp Calls for Real Change

The Human Rights Club at LIU organized a two-day workshop called 'Women's Rights: On Paper and in Practice' that took place on Saturday November 20 and Sunday November 21 2010 at the Ecovillage Camp in Chouf. The Saint Joseph University and the Lebanese Council of Women also participated in this event. The workshop included a speech by Dr. Halima Al Kakour from the Human Rights Club, in which she explained that the objective of this activity "is to promote awareness about women's rights and the seriousness of discrimination between men and women, which is embodied not only in law but also in some customs."

News

This Fall LIU campuses in Beirut, Bekaa, Sidon, Nabatieh, Tripoli, Jdeideh, and for the first time in Tyre were full of endeavor to improve ourselves and our communities. We honored our past and looked to the future with activities ranging from commemorating our deceased to bettering our health. Promising developments point to new beginnings with the launch of the LIU Human Rights Center and the Strategic Planning Committee.



"Silence has Never Changed Anything"

LIU Launches Human Rights Center



LIU Now Member of Ma'an Arab University Alliance for Civic Engagement



**The Strategic Planning Committee:
A New Dawn for LIU?**



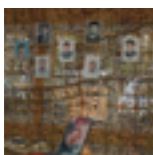
**Obesity and Diabetes:
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**Leader Gamal Abdul Nasser
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LIU Official Sponsor of 10 Days 10 Minutes Filmmaking Competition



**His Excellency Abdul Rahim Mourad
Salutes Lebanon's Martyrs**



**LIU Hosts Book Signing of Dr. Jamal Wakim's
*Syria and Peace Negotiations in the Middle East***



**Nazir al Saoudi
Sports Competition**
Commemorates
Sports Director



"Silence has Never Changed Anything"

LIU Launches Human Rights Center

By Saja Takache

"Because human beings are born free and equal in rights and duties without discrimination..."

Because the human right to live in dignity cannot be achieved unless we all enjoy our permanent and core rights...

And because knowing our rights is half the struggle...

Today we inaugurate the Human Rights Center in the Lebanese International University."

Khouloud Al Khatib,
Executive Director of the LIU Human Rights Center, at its launch



Khouloud Al Khatib

The Lebanese International University has set forth on a groundbreaking step for the struggle for human rights in Lebanon through the establishment of the LIU Human Rights Center. The HRC is dedicated to spreading human rights culture among students and citizens and to equip them with the necessary skills and tools for documenting violations and advocating human rights and social development. It will have offices in all LIU campuses in Lebanon and will welcome all who wish to make a change. In the words of Khouloud Al Khatib, Executive Director of the HRC, "silence has never changed anything."

The Human Rights Center was launched in the LIU Bekaa campus on Wednesday, January 12, 2011



His Excellency Abdul Rahim Mourad

under the patronage of LIU President His Excellency Abdul Rahim Mourad. The turnout for the launching ceremony was unprecedented; in addition to hundreds of LIU students and instructors, 400 additional guests attended including ambassadors from Arab and European countries, representatives from UN bodies and the European Union, IGOs, civil society activists, Lebanese, Palestinian and international NGOs, and the press. The ceremony included speakers from various fields, including Mr. Ahmad Karoud, the director of Amnesty International Bureau for the Middle East and North Africa, and Mr. Fateh Azzam, the regional representative of the Office of High Commission for Human Rights. In his speech, His Excellency Abdul Rahim Mourad emphasized the role of the HRC, saying, "The focus has been and still is on the political concept of human rights, and now we look forward to a more comprehensive concept that ensures full equality in rights and responsibilities and leads to attain the right to health, education and work, and acceptance of the other."

" Because knowing our rights is half the struggle "

The theme of the ceremony was 'Human rights defenders who act to end discrimination'. This correlated with the theme of the United Nations' Human Rights Day on December 10, which aimed to recognize those who take action against all kinds of discrimination. The highlight of the day was an NGO fair that exhibited participants' means of work, including their publications, designs, banners, documents, and studies, showing the great variety of the approaches of these institutions.

Inspiration

The foundation of the HRC was established through a year's work and set the stage for a new dimension of education and university life. Khouloud Al Khatib, Executive Director of the LIU Human Rights Center, says that "the idea of launching the Human Rights Center was inspired from the need to enrich the career of our students; whatever this career would be, students would become advocates and fighters for their rights, and this will enrich their spirit, give them a language of nobility and selflessness, help them to accept the other, and to become accustomed to dialogue."

Ms. Khatib saw a desire for such an initiative in the response to a course on human rights given at LIU. "Through that course, we had the chance to measure the response of students on issues that are deeply related to their personal and community life. Their reaction was greatly encouraging so we decided to move forward towards establishing a separate entity."

First Steps

This center will work on community advocacy and action opportunities that will be provided to students through internships with other activists, with IGOs and with NGOs. Ms. Khatib explains: "This will be achieved by merging our projects with education; students will start by training to build their communication, leadership, dialogue, and project implementation skills and then progress to work on human rights campaigns. In advanced stages they can monitor and follow up on human rights violations."

" To accept the other and to become accustomed to dialogue "

The center will also play the role of a mediator, by assisting students to contact specialized associations and institutions. A research center in internship with other activists is also being planned. There are also plans to designate clubs for different human rights departments, each one researching, training, and defending human rights. "Each department will have its own specialised field such as women's rights, children, refugees, workers, peace building, conflict resolution, and the environment," says Ms. Khatib.

In addition, the HRC plans to create an annual movable theater that travels throughout Lebanon to transmit its ideas to the public and create

a platform for dialogue. "The theater will introduce a story related to human rights, but it will end with tragedy," says Ms. Khatib. "Then we will replay the scene and stop before we reach the tragic point and ask the public, 'What can we do to avoid this result?' The audience would respond in different ways, suggesting ideas, and calling for a change."

Alliances

The HRC plans to expand to all LIU campuses in the Arab world. It will also use LIU's international networking to facilitate its goals, including LIU's membership in the Ma'an Arab University Alliance and its partnership with EMONI (European Union). "We are moving forward to create a link that can unite a common effort in the field of human rights, called the Euro Arabic Association," says Ms. Khatib. The center will also start documentation, with the assistance of Arab embassies, which highlights the role of the historical Arab culture and civilization in promoting human rights. After all, "human rights are a local concept, wrought from our own culture," according to Ms. Khatib.

"Each department will have its own specialised field such as women's rights, children, refugees, workers, peace building, conflict resolution, and the environment"



The LIU Human Rights Center

The HRC is a non-profit entity founded at the Lebanese International University; it is committed to the promotion of human rights and society development.

Vision

The HRC aims to raise awareness about human rights by maximizing and joining efforts needed to create an equal opportunity that can back up human rights. In parallel, the center aims to assure sustainable human development as a platform for the advancement and defense of the community. We endeavor to build a recognized human network that leads to a more prosperous, developed and peaceful world.

Means

The HRC works through training, informal education, workshops, research and publication in order to develop capacity building, conflict resolution, peace building, and advocacy skills. We encourage the active participation of our students and others within and outside LIU campuses to share information with both human rights specialists and the general public concerning human rights and society developmental issues. The Human Rights Center will collaborate with governments, intergovernmental and non-governmental organizations, civil society, academics, and students.

To join:

Email:
info@liu-hrc.org

Website:
www.liu-hrc.org

On Facebook:
Human Rights Center – LIU



The Strategic Planning Committee: A New Dawn for LIU?

By Saja Takache



Steps of strategic planning

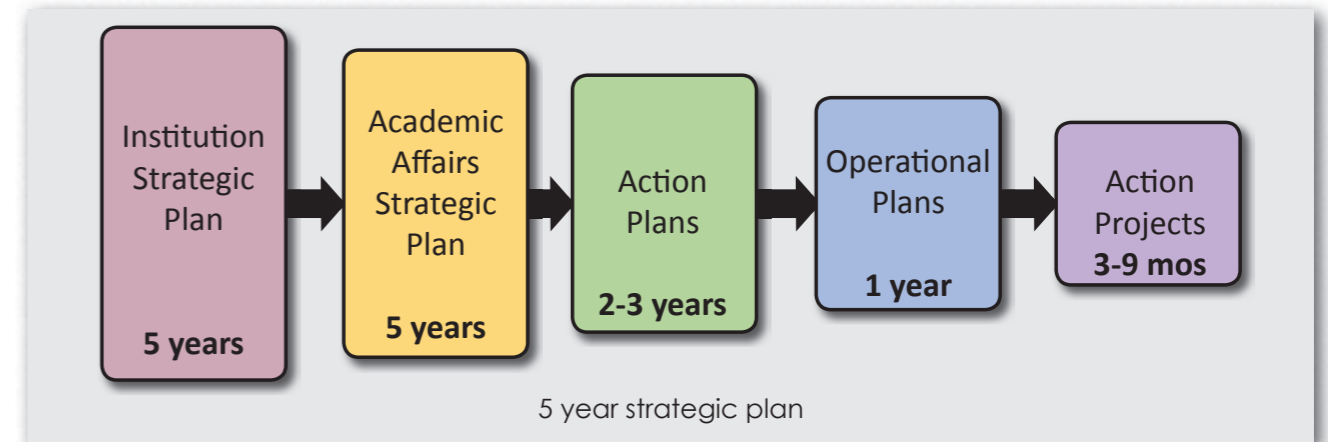
The Lebanese International University has greatly progressed on all levels since its inception; it is the fastest growing university in Lebanon and is continuously expanding and opening new campuses across Lebanon, the Arab world and Africa. In light of this progress, the University officially inaugurated the LIU Strategic Planning Committee as a mechanism for empowering the change that comes with such dynamic growth. On September 27, 2010, a team was set up under the chairmanship of Vice President for Academic Affairs Dr. Ali Tarabay and consisting of LIU's Deans. Dean of the School of Education and English, Dr. Anwar Kawtharani was voted to be the Coordinator.

The Need for Strategic Planning in LIU

Dr. Wajdi Naman, Dean of the School of Business and a Strategic Planning Committee member explains the philosophy behind the new initiative:

"The word strategy, according to Webster dictionary, means 'an artful means to some end.' Consequently, a strategy is in effect about discovering artful or imaginative means to achieve goals; hence the concept of strategy implies planning and directing. At the most fundamental level, a strategy is about creating clarity of purpose.

"Using a strategy to manage a university is called strategic management. It helps the university



define its visions and core purposes and to aim its entire system at fulfilling them. A strategic management system provides the ability to anticipate future trends, define the wanted future, and allocate the available resources to create that future. When the chosen organizational vision, mission, goals and strategies are clear, the organization's academic performance and development are apt to stay on track.

"The above makes it clear that a strategy and a strategic plan complement each other. It is not possible to have a strategic plan without a clear strategy. A strategy is made up of decisions about where the university is now, where it wants to be, and how it can get there. More precisely, where the university is now is a prod-

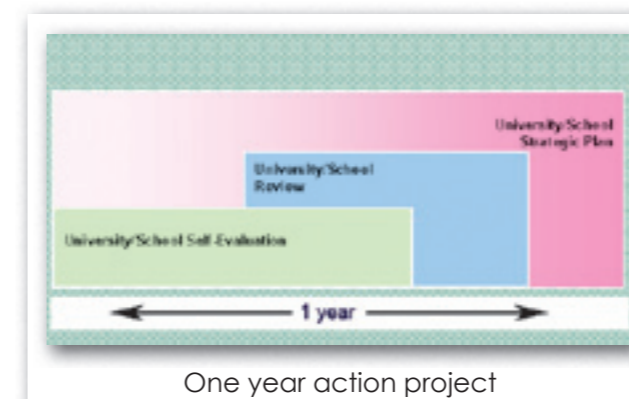
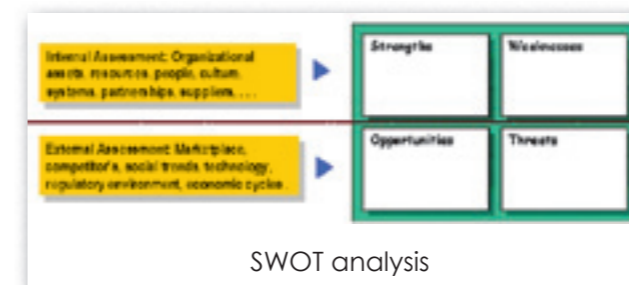
uct of a current vision aided by a SWOT analysis and identification of current challenges. Where the university wants to be is a product of a renovated vision and goals, objectives and proposed action plan. How the university can get there is a product of goals, objectives and a SWOT analysis. Strategic planning provides a more detailed action plan and elaborates on how the university can get there."

One Step at a Time

The Committee's first goal is to receive accreditation for LIU from leading international academic bodies and agencies, and so it developed a comprehensive plan for this purpose. "A good plan starts with diagnosing the present situation carefully and to the fullest extent, and ends with implementation," says Dr. Kawtharani. Consequently, the Deans of the five Schools conducted a detailed SWOT analysis for each School and convened to explore the next steps. The SWOT analysis was a vital rung in the ladder and now serves as a stepping stone for the next stages of the Committee's plan.

"let's learn how to walk right before we start to run"

As of the end of the Fall 2010/2011 semester, the Committee has completed the analysis stage and has progressed to the next step; self evaluation and preparation for accreditation. "Before you start thinking of accreditation, you need to put your affairs in order so as to meet the standards of accreditation," says Dr. Kawtharani. That's why many changes around LIU are expected, from the inside out. Dr. Kawtharani says that he wants to do things right, one step at a time. After all, "let's learn how to walk right before we start to run."





Leader Gamal Abdul Nasser Remembered in Photo Exhibit

The Al Ghad Al Afdal (A Better Tomorrow) Club at the Lebanese International University commemorated the 93rd anniversary of the birth of deceased Arab leader Gamal Abdel Nasser on Tuesday, January 18, 2011. The two-day photo exhibition was titled 'Nasser Remembered' and included photographs from the historical junctures of Nasser's life, conveying his story and his struggles as a leader of the Arab world.

The event was launched by LIU president and President of the Ittihad Party His Excellency Abdul Rahim Mourad, who stated that "in light of the painful reality of the Arab world, we are now

in the most need of the spirit and philosophy of an independent, civilized Arab vision that our leader Gamal Abdul Nasser established, in order to reunite the nation and achieve progress and awakening." He also stressed that the anniversary of the birth of Abdel Nasser "is not an ordinary event, but rather represents a historic moment that brought together the outstanding leadership of Abdel Nasser and a central role for Egypt. Egypt became the centre of leadership and a base for the national Arab struggle; a key country in the struggle against the Israeli enemy and western colonial schemes."



His Excellency Abdul Rahim Mourad Salutes Lebanon's Martyrs

"I am truly honored to see that our students have taken an initiative such as this. The martyrs credited here are the assurance for the security of our country." This was His Excellency Abdul Rahim Mourad's impression about the November 11 event and exhibit that marked Martyr's Day. The event at the Nabatieh campus was organized by Nour Club and included several moving segments, beginning with a speech by the LIU president. Nabatieh campus director Mr. Samer Hazimeh and community and religious leaders were present, as well as the families of some martyrs.

During the event, His Excellency commented that "there are two goals of our nation; to spread knowledge and education and to propagate the idea of resistance." Following the speech, several LIU students were given certificates honoring their relatives who had died in the service



and defense of Lebanon. An exhibit of their fathers' –and in one case, brother's- personal items was to be seen at the forefront of the auditorium. It included notes, drawings, clothing, watches and jewelry, all of which held special sentimental value to the students. "We chose to display the items they used daily so as to show their human side," explained organizer Mustafa Abboud, "and to show viewers what some of our own students had lost, be it their parents or siblings, in the name of our country." As a culmination to the ceremony, the Martyr's Tree was unveiled in the campus gardens. His Excellency cut the ribbon and a stone marked 'Eternal Martyrs, 11/11/2010' was unveiled alongside the small olive tree.



LIU Now Member of Ma'an Arab University Alliance for Civic Engagement

The Lebanese International University has become a member of the Ma'an Arab University Alliance for Civic Engagement, a network of Middle Eastern universities that aims to encourage civic engagement in the higher education community. Chair of the Research Council and External Studies at LIU Dr. Safaa Baydoun coordinated the membership in the hope that "with joining MA'AN active steps are taken towards a more civic engagement of universities in the Arab world". The Ma'an Alliance was launched in 2008 at the Tadamunn conference in Cairo, Egypt.

As a Ma'an member, LIU is now eligible to apply for funding opportunities and can participate in all the Alliance's events, conferences and training. It will also be updated on developments in civic engagement in the region and receive access to valuable resources. The most important benefit will be the opportunity to cooperate with other Middle Eastern universities and to learn from each other's experiences. The Ma'an Alliance includes 11 higher educational institutions from all over the Arab world, including the American University of

As a Ma'an member, LIU is now eligible to apply for funding opportunities and can participate in all the Alliance's events, conferences and training

Cairo, Al Quds University, and Ahfad University in Sudan. Its Lebanese members include the American University of Beirut, the Lebanese American University, Notre Dame University, Saint-Joseph University and now The Lebanese International University. Upon receiving membership, LIU automatically became an official member of The Talloires Network, an international association of institutions working on the same front as Ma'an.

More information can be found at Ma'an's official website at www1.aucegypt.edu/maan.



Obesity and Diabetes: Today's Epidemics

Workshop Explores Key Issues

The Lebanese International University in collaboration with the Arab Culture Center organized an instructive workshop titled 'Obesity and Diabetes: Today's Epidemics'. It was held on November 25, 2010 at the Souhoul Center in Khayara, the Bekaa valley and again on December 3 in the Nasser Cultural Center in Baalbek. Speakers included Dr. Ali Samaha and Mrs. Suzan Haidar from the Lebanese International University, Dr. Kassem Chmayssani from Hammoud Hospital, Mrs. Zeina Mortada from Bahman hospital and Mrs Laila Itani from The American University of Beirut.

His Excellency President Abdul Rahim Mourad opened the workshop by emphasizing the importance of diet in health and disease treatment and prevention. He also indicated that exercise is just as important as diet and that one of the goals of LIU is "to raise awareness about health and nutrition issues". The workshop, organized by Chairman of the Nutrition and Food Sciences department Dr. Ali al Khatib, included discussions of several key issues such as bariatric surgery and diet.

"Diabetes in the region is increasing at an alarming rate"



The first issue explored was a widespread one, in a lecture by Dr. Ali Samaha titled 'Obesity and Diabetes in Lebanon'. Dr. Samaha spoke about diabetes as a global disease that has serious and dangerous health complications. He mentioned that the prevalence of diabetes in the region is increasing at an alarming rate and maintaining a healthy body weight is essential for disease prevention. He also spoke about the complications of diabetes such as renal failure, blindness, cardiovascular and stroke problems and mentioned that these complications can be prevented if appropriate medical advice is given. Unfortun-



lems. Even then, he said, surgery would be beneficial if the patient follows a healthy diet afterwards.

Mrs. Zeina Mortada continued the workshop by presenting the third lecture, 'Obesity Through the Lifespan'. She spoke about managing obesity, especially in children. Since overweight children are more likely to become overweight and obese adults, she emphasized the importance of parents' role in intervening in this problem if it exists in their children. She also spoke about healthy

The workshop ended in a very interactive manner: with diabetes, blood pressure and body mass index tests for all participants



nately, according to Dr. Samaha, "around half of diabetic patients do not follow their doctor's orders and that can have detrimental health consequences."

"Overweight children are more likely to become overweight and obese adults"

This was followed by a lecture on bariatric surgical procedures. Dr. Kassem Chmayssani gave this lecture about the different types of bariatric surgery for weight loss as a means to decrease the health risks that often accompany obesity. He mentioned that bariatric surgery can only be performed when a person has a very heavy body weight that is posing serious health risks such as diabetes, hypertension and cardiovascular prob-



LIU Official Sponsor of 10 Days 10 Minutes Filmmaking Competition

As a part of our continued social and cultural community activities LIU is sponsoring a unique event, The 10 Days 10 Minutes Filmmaking Competition which is to be held in Beirut on March 25th 2011 at the UNESCO Palace. The event is organized by Sea Breeze Entertainment with a team of renowned Hollywood directors, producers, and writers, and includes distinctive names in the regional filmmaking industry in the judging committee. It is officially sponsored by the Ministry of Culture and Ministry of Tourism, as well as other reputed organizations.

The purpose of the event is to encourage, promote, and discover film making talents in Lebanon and the Arab world. The competition challenges students to write, shoot, edit and present a five to ten minute movie in just ten days. To encourage LIU students to participate, President and Executive Producer of the 10 Days 10 Minutes Committee Mr. Nabil Fares gave an informative presentation in each of the Saida, Beirut, Jdeideh, Nabatieh and Bekaa campuses from November to January. Students interested in participating must register early on so as to secure a place and get a chance to meet the Hollywood team. Participants can choose one of the following categories for their film: Documentary, Drama, Comedy, Action, Family, Silent, and Horror. A team can comprise of one to five members and the minimum requirement to shoot a movie is a home video camera. The enrollment fee can be as little as \$82 dollars per person for a team of five. Six winners will be selected on March 25, three from

Documentary and three from other categories.

Prizes include: First prize \$3000, second prize \$2000 and third prize \$1000, in addition to feedback and personal notes from the judging team. To participate, call 05 959 192 or 03 297 673 or email 10d10m@seabreeze-ent.biz. The official website is www.10days10minutes.com.



Founded by Film and TV writer/producer Nabil (Noble) Fares, the "10 Days 10 Minutes" (10D10M) project is a boutique of renowned international filmmakers, producers, directors and writers. We are dedicated to promote and advance quality filmmaking that unite cultures and bring people together. The team includes Hollywood authors, producers, directors as well as, other local and international distinctive names in filmmaking industry.



We believe there are a lot of undiscovered talents out there who could be the celebrities of tomorrow. So we simply want to encourage, promote and advance quality filmmaking and young filmmakers in the region. Although the "10D10M" project may be perceived as short and intense (particularly Phase One), it however emphasizes and encourages creativity and teamwork. **"Talk the Talk and Walk the Walk!"** is the name of the game.



LIU Hosts Book Signing of Dr. Jamal Wakim's *Syria and Peace Negotiations in the Middle East*

By Fatima Abou Nassif

On January 24, 2011, the LIU community was invited to attend the book signing of its very own Dr. Jamal Wakim at the Beirut campus. He shared with the community the successful publishing of his Arabic-language book *Syria and Peace Negotiations in the Middle East*, and some of the interesting details included within the thesis.

The event started off with casual, friendly talks between the attendees and Dr. Wakim about a wide range of subjects concerning current events. Dr. Wakim proudly announced plans for the establishment of a Political Sciences Department and a Middle Eastern Studies Department in LIU. He reflected upon the Communication Arts Department's development throughout the

past three years and expressed his confidence in the high quality of education provided.

Dr. Wakim then went on to brief the audience on his book. His speech focused on a brief history of modern Syria, why he chose to write about the Syrian point of view in the ongoing Middle East peace negotiations, and about the high unlikelihood of Syria to sign a peace treaty with Israel. An LIU instructor asked him about the reasons behind President Hafez Assad's reluctance to make peace with Israel, and Dr. Wakim discussed the national, international, and personal factors that accompanied the former Syrian President. He personally concluded that President Hafez Assad was a "true Arab nationalist" and that he "knew there was no peace".

After answering more questions and providing the audience with rich information about the subject, Dr. Wakim signed the audience's copies of his book with personalized messages. He recommended that everyone reads *Syria and Peace Negotiations in the Middle East*, because "it is very rare to read about the Syrian point of view regarding the peace process." The most commonly found views are those of the Israeli and the Egyptian, which certainly do not account for all sides of the issue.



Nazir al Saoudi Sports Competition Commemorates Sports Director

"Nazir was more than a coworker. He was a hero on and off the sports field. We saw this in the heroic way he faced his hardships and his illness." These were the words used by Academic Director of the LIU Nabatieh campus Dr. Hassan Khashfe, to pay tribute to Sports Director Mr. Nazir al Saoudi in a sports event held in his memory. The six-day sports competition was held in the Nabatieh campus between December 18 and 23, 2010 and was dubbed the 'Nazir Sports Competition' in commemoration of Mr. Saoudi. It was organized by Nabatieh Sports Coordinator

Ahmad Sbeity and Coaches Hassan Mrowe and Mazen Allouch.

The event included basketball, ping-pong and football competitions that took place on the various campus sports fields in the rural LIU campus. It culminated in a final match among finalist teams in each of the sports on the morning of December 23. Dr. Khashfe distributed trophies to captains of the winning teams and congratulated the participants, urging them to continue their excellence both in sports and academically.





The Scope

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WriteShare LinkPost PhotoCausesRecord Video

Write something...

Post

TodayAll PostsPosts by The ScopePosts by OthersWall-to-Wall



The Scope wrote at 10:08pm

LIU is growing, our events are multiplying, our campuses are expanding, our Schools are excelling and our students are reaching new levels of achievement...
The Scope's pages reflect our continuous development and writers with fresh perspectives and styles are always needed.

To report for The Scope email saja.takash@liu.edu.lb

Wall-to-Wall

Information

Networks:
Lebanese International University

Current City:
Beirut, Lebanon

Friends

55,274 friendsSee All



Fatima Abou NassifJamal WakimYehya Fidawi



Hassan ChoubassiMohammad Spike MortadaPrincess Saja

Photos

2 of 10 albumsSee All

Schools

Every semester, we launch the Scope, and in every semester we pride ourselves with the new accomplishments of our schools. This semester's issue is packed with the schools' news, events and future plans.

Here's a scoop of what you'll find in the Schools section...

School of Arts & Sciences

Public Relations Students Organize Public Screening of Radio and TV Student Projects:

On Wednesday, January 19, 2011, the thirteen students of the Public Relations and Marketing course taught by Dr. Zoya Awki organized a public...

School of Business

A Delight of the Senses...

The School of Business has introduced a new course in its Hospitality and Tourism Management program called International Cuisine. This hands-on course introduces students to food and beverages from all over...

School of English & Education

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SCHOOL OF ARTS AND SCIENCES

Public Relations Students Organize Public Screening of Radio and TV Student Projects

On Wednesday, January 19, 2011, the thirteen students of the Public Relations and Marketing course taught by Dr. Zoya Awki organized a public screening of short films directed by Radio and Television students. It was the first time an official LIU event was organized from start to finish by its own students. The screening was held at Beirut Theater in Ein le Mrayse and included eleven short films: seven senior projects and four mobile media projects. These projects were completed during the Spring 2009/2010 semester.

The idea for a public screening of student-made films had been under consideration by the LIU administration for several months, so when the Pub-

lic Relations and Marketing class sought suggestions for a semester-long event planning project, attention quickly fell on this concept. Dr. Awki said, "I wanted to give my students an event that the university was going to do anyways, and get them to organize it from A to Z. They prepared press releases, invited the media (both print and television agencies), made print materials, brochures and posters, set a schedule, booked the theater, and then set the event in motion on the evening of January 19."



Six o'clock of that evening would mark the start of the screening, which welcomed an audience of 350 people from the university and from the general public. Professors, friends and families of the organizers were also in attendance, and admission was free of charge. The press also attended and television stations conducted interviews with the student organizers. Hiba Ismael, who was responsible for coordinating the Communication Arts department, said that the event exceeded all their expectations. "There was not one empty chair and we thought that we may not be able to keep people's attention for the entire two and a half hour program, but they stayed until the very end and even afterwards," she commented. She also noted that some Radio and Television students in attendance were taking notes about the movies to learn from them.

The content of the films differed yet each reflected a unified sentiment. Montaha Alameh, who presented the event, said that the films "showed what kinds of things Lebanese youth suffered from. The public screening aimed to show how creative our students were and how they were able to shed light on the plight of Lebanese youth." When asked about her favorite movie, she said, "They were all nice but Hussein Kawtharani's 'Sweet Potato' meant a lot to me personally." Montaha was also relieved and proud to see the screening run very smoothly, something she credited to intense planning and preparation. It seemed that the class' work will pay off, when Dr. Awki assured that "they worked like professionals and I am pleased with them. They will get excellent grades."

The Public Relations and Marketing Class Team:

Media Relations:

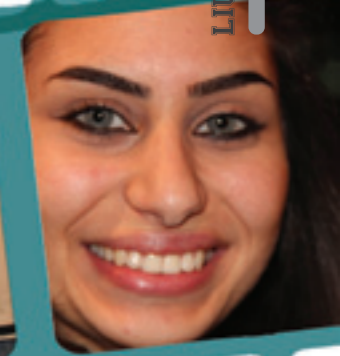
Montaha Alameh – Media Contact and Presenting
Yamen Arbeed – Media Tracking
Samar Kamal al Deen – Media Tracking
Ghina Majed – Media List
Louna Sinno – Media List

Indoor Relations:

Hiba Ismael – Comm. Arts Department Coordination
Mona Bazzi
Rayyan El-Roz
Tamara Tahtah

Outdoor Relations:

Mohammad Al-Hajj – Graphic Design
Ali Jaber – Theater Communication
Lilian Yehya
Suzan Kasas



SCHOOL OF ARTS AND SCIENCES

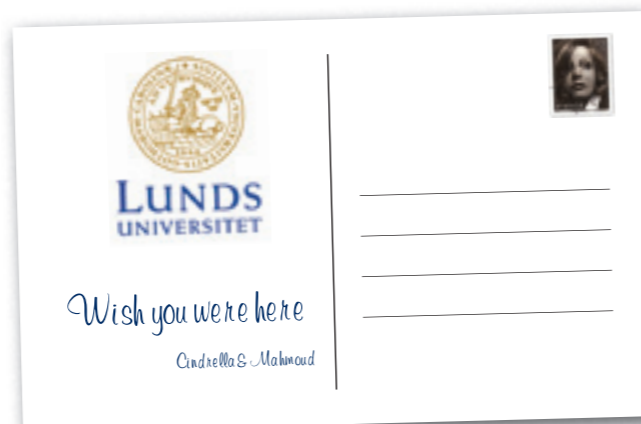


**Swedish Lund University
Selects LIU Students
for Fully-paid Masters Program**

When Radio and Television students Cindrella Mizher and Mahmoud Awale applied for Masters Degrees in various European universities, they had many goals in mind. They wanted to further themselves academically through a unique higher education program, discover life in Europe, and experience a different culture. Another goal they had was one not many students are lucky or qualified enough to consider: to be among the only 20 students from around the world who would be accepted into the International Masters Program in Film and Media Production at Sweden's Lund University. What makes acceptance into this prestigious program even more appealing is that its tuition is 100% covered.

"Sweden was the most suitable choice since it offered higher education programs related to our major that were very interesting," says Cindrella, "and Lund University is the oldest and the most academically prestigious university in Sweden with a very high rank in Scandinavia and in Europe." Cindrella and Mahmoud were among the very few selected for Lund's Masters Programs, one that chooses its students based on academic qualifications and through a selective interview process. The two students enrolled in the program in fall of 2010, and are now studying with the best in their field. "We study European and Swedish cinema, with their social, political and economical influences. We also learn how to run film projects from an artistic and financial aspect, including how to read and budget films, run a production team, get funding to our projects, assess our equities and all you need to know to execute a film project," comments Cindrella. "We are also meeting many people in the film business here, many young filmmakers and many international scholars. It's an enriching experience already!"

Cindy and Mahmoud say that they are now reaping the benefits of their hard work and the achievements they made during their time at LIU. "We studied Radio and Television at LIU for three years during which we were taught various forms of media, theoretically and technically," says Mahmoud, "Perhaps what we learned best from LIU was fighting to be in a better position academically and benefit the most from education, thanks to the inspiration of some of the great people who tutored us there." Mahmoud hopes to take a similar path as his teachers and "be able to pass on all the knowledge that I have gained to other students." At the moment, his most important goal is to continue his studies and to finish with a distinguished rank. "I hope later on I'll be able to advance in my field to reach a wider audience," he says. Cindrella aims to return to Lebanon and to give back to her community. "I hope that in the future I can keep on working independently on social media film projects, helping marginalized social-political-economical groups display their demands and concerns through picture and sound. I really believe in the power of art when it comes to writing truthful history and I hope I can take part in that."



SCHOOL OF BUSINESS

A Delight of the Senses...

Take a Peek into International Cuisine Class

Photography by
Mohammad Kansoun

Story by
Saja Takache



Date: Friday, January 14, 2011
Instructor: Chef Rabih el Jammal

On the Menu:

- Steak au Poivre with Ratatouille, potatoes and vegetables
- Foret Noir Cake

The School of Business has introduced a new course in its Hospitality and Tourism Management program called International Cuisine. This hands-on course introduces students to food and beverages from all over the world and gives them the opportunity to apply their learning in LIU's gastronomical kitchens. It has proven to be an instant success and will continue to give our budding chefs a venue for cultivating their growing talents.



9:00 am: Chef Rabih prepares the cake mixture



9:02 am: Into the oven...



9:15 am: Preparing the vegetables 'a la Brunnoise'



9:20 am: 'Jullienned' eggplants



9:27 am: Pearling the zucchini



9:30 am: Chef Rabih lecturing



9:35 am: Slicing sirloin steaks into fillets and slices



9:40 am: Spicing the steaks



9:42 am: Slicing fresh mushrooms



9:47 am: Preparing mushroom sauce



9:50 am: Sautéing the vegetables

"Mushroom sauce consists of butter, onion, mushrooms, flour, water, and finally.... crème!" –Chef Rabih"



9:55 am: The boiled vegetables are well done



10:00 am: Frying and flaming the steaks

"The bacterial growth danger zone is between 5 to 55 degrees Celsius. The ideal cooking temperature is 65 degrees. – Chef Rabih"

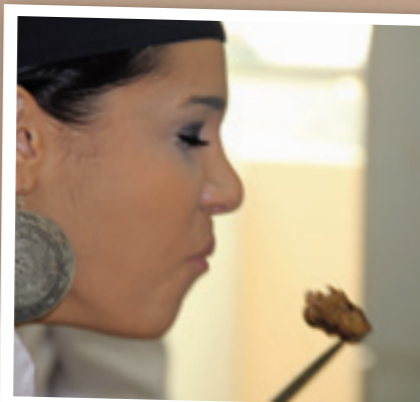


10:12 am: Checking if they are well done

"A dish includes two potatoes; for a banquet of 500 people you must prepare 1000 potatoes. – Chef Rabih"



10:13 am: Preparing the pepper sauce



10:22 am: "They need some more salt"



10:23 am: Whipping crème for the cake



10:25 am: The cake is brought out of the oven and left to cool

A regular sponge cake transforms into a luscious Foret Noire cake as Dr. Ibrahim Baghdadi joins the class.



10:46 am: Arranging the Steak au Poivre dish



10:55 am: Bon Appétit!

The International Cuisine course will offer The Scope a new recipe each semester. Check for them in the Community section of upcoming issues.

SCHOOL OF BUSINESS



School of Business Launches Lebanon-Germany Student Exchange Program

Under the umbrella of the partnership signed between LIU and Worms University of Applied Sciences in Germany, Business School students Ayman Daoud, Niran Zaweet, Bilal Yahfoufi and Jamal Nasser are taking part in an International Student Exchange program in Fall 2010-11. These students have the opportunity to meet with their counterparts in Germany and exchange ideas and experiences, and to study at least one semester at Worms University.

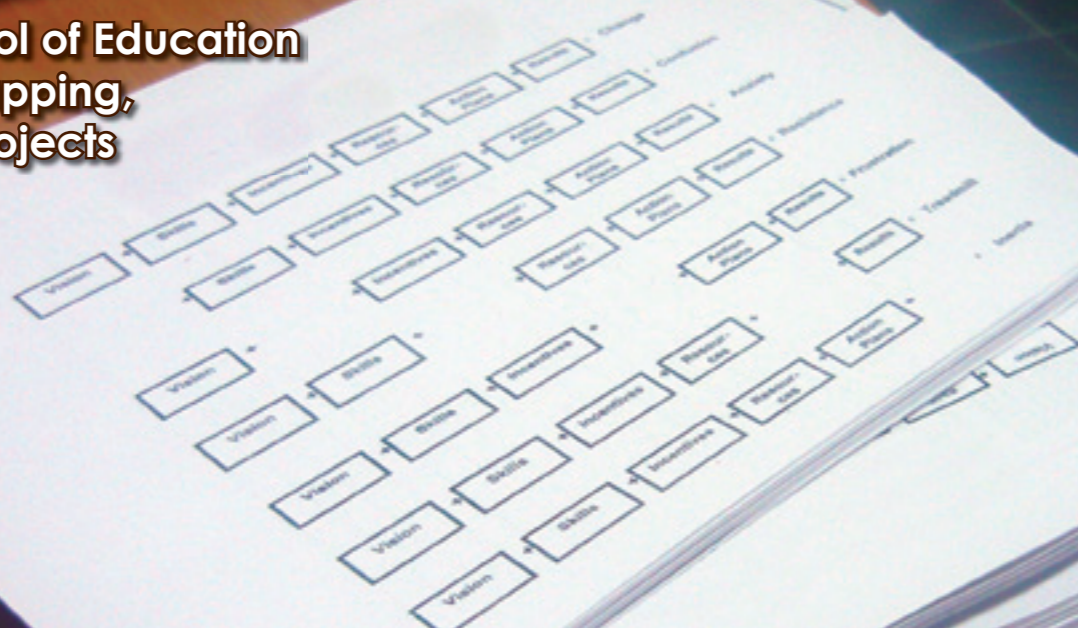
This is the first of many exchanges with Worms, whose students will in turn be invited to come to Lebanon on a similar exchange to study at one of our campuses. Any LIU student majoring

in business may apply to take part in these exchanges. The University of Worms has three Business faculties offering courses with a consistently strong practical focus.

The city of Worms is one of the oldest in Germany and is conveniently located in the heart of the economically-powerful metropolitan region Rhine-Main-Neckar and is close to Frankfurt, Germany's financial capital. The LIU administration is also in discussion with Worms University on establishing Joint Degree Business programs. Once this is agreed upon, LIU Students who enroll in and complete these programs will be awarded two degrees, one from LIU and another from Worms.



Reforms at School of Education Span Course Mapping, Collaborative Projects



Those familiar with LIU Dean of the School of Education and English, Dr. Anwar Kawtharani, know that he commonly responds to requests with, "I will under-promise and over-deliver." The students of the School of Education and English have long asked for the systemizing of their courses and curriculums, and this semester the School has delivered on its promises. Recent improvement measures the School has taken include the CHANGE action plan: all Education programs' curriculums have been mapped and their flow of courses has been fully systemized. Other advancements include the centralization of the English courses across all LIU campuses and the participation in collaborative projects with the American University of Beirut and the Lebanese American University.

Education Curricula

During a period spanning from October to December, the current situation of the School of Education at all LIU campuses in Lebanon was assessed through a comparative grid reflecting all Education courses at undergraduate and graduate levels. The grid used showed some discrepancies and overlap of courses that led to vague decisions, especially on the part of students in Education courses. Huge numbers of students not registered in almost all courses were accounted for, most notably with some students who are about to graduate with missing courses that should have been accomplished two years ago.

"After meetings with all Education students in all campuses, it seemed that the distribution of course loads per semester was unclear to almost all students," says Dr. Kawtharani. "It was concluded that a suggested version of distribution of courses across years needed clarification and reorganization. A blueprint distribution per semester and year was constructed and distributed."

English Courses

Another ambiguity commonly articulated in the School of Education and English involves the inconsistency in the level of English courses' instruction between LIU campuses. This issue was also resolved this semester with the implementation of new measures. Dr. Kawtharani explains: "All levels of English courses now have centralized coordination with expert coordinators so as to establish discipline in the English department." English departments in all campuses will now follow the exact same syllabi.

Collaborative Projects with Other Universities

The School of Education and English is now a partner in a joint paper with the American University of Beirut titled 'A Comparative Study of the State of Instructors in Secondary and Higher Education in Lebanon' that will be presented at the UNESCO Office. The School is also coordinating with the Lebanese American University to establish a joint curriculum in special education.



Speech Competition Finalists to Represent LIU

Students from LIU campuses across Lebanon participated in an English-language speech competition on January 29, 2011 at the Jdeideh campus. The winners were selected to represent LIU in the upcoming Lebanese phase of the English-Speaking Union Speech Competition at the Lebanese American University.

The competition centered on the theme 'Words are not enough' and included six students: Patrick Saliba and Nadine Feghali from the Jdeideh campus, Zeinab Koubayssi, Doumoa Katrina, Maher Bashir and Miriam Nazar from the Nabatieh campus, and Maysoun Hussein from Beirut. They came from all over the country to show their skills in English and to express their ideas. Although they all presented excellent speeches, the eventual winners were Patrick Saliba and Mariam Nazar. Patrick presented a speech titled 'Starving for Food' and Mariam's speech was called 'Active Tools for Communication'. The two will now represent LIU in the Lebanon-wide ESU speech competition.

The two finalists were evaluated on their reasoning, expression and delivery, credibility, and their responses to the judge's questions. They were judged by Dr. Gaby Khoury, Academic Director of the Jdeideh campus, Dr. Hassan Khashfe, Academic Director of the Nabatieh campus, Dr. Anwar Kawtharani, Dean of the School of Education, and Ms. Manal Khoury, English Language Coordinator in the Jdeideh Campus.



SCHOOL OF EDUCATION

A Step Forward for Classroom Instruction The Effective Teaching Strategies Workshop

A training workshop for instructors titled 'Effective Teaching Strategies' took place on Saturday, January 15, 2011 at Ibn Sina Hall at the Nabatieh campus. It aimed to equip LIU instructors with teaching concepts and effective strategies for their classrooms, as a part of the continued quest to help LIU instructors excel in their educational endeavors. The hands-on workshop was facilitated by the Dean of the School of Education, Dr. Anwar Kawtharani.

The workshop started with a word of welcome from the Academic Director of the Nabatieh campus Dr. Hassan Khashfe. He told attendees that initial discussions about the workshop intended it to be for English instructors, but then, "we realized that all instructors would be able to benefit from a workshop that encapsulates remarkable, effective tools and methods. The tools that will be taught can be applied in the instruction of any subject."

One of the most important ideas examined was that of educational psychology. Many research-supported theories, such as Gardner's Multiple Intelligences, can be very beneficial if implemented in the classroom. The premise of the Multiple Intelligences theory is that different students have different intelligences, and lessons should accommodate as large a scope of these intelligences as possible. For example, a student whose dominant intelligence is linguistic can thrive in a lecture-based course, but the same cannot be said about a student with visual or bodily intelligence. It would be up to the instructor to incorporate various teaching methods

to give all students an equal chance. Dr. Kawtharani stressed the importance of educational psychology, stating, "if you, as a teacher, do not implement what you know about educational psychology, you will not succeed."

Another thought-provoking unit included a discussion around the question, "What were the characteristics of the most effective teachers in your educational experience?" The response of the instructors correlated almost directly with re-



was conducted using some of the very teaching tools being taught. An example was the cooperative learning Jigsaw method, a method where student are grouped into 'home groups' and 'specialized groups' and share information on specific topics being researched. Students who find the Jigsaw method implemented in their classes may be interested to learn that their own teachers learned some of their teaching strategies in this way.

One of the final items was an honest, open discussion about the challenges of the LIU classroom and the instructor. Mr. Maan Mohammad, an English coordinator from the Saida campus, put forward that, "reading is essential to scholastic success. If a student reads, his speaking improves, his writing improves, and his overall performance improves. When we try to motivate students to read, we face a cultural hurdle. They return to their homes and there reading is an alien concept, it is never encouraged." Other instructors spoke of similar challenges and they discussed possible solutions. Dr. Anwar concluded the workshop with: "It is not the management, the students or the coordinators who make the difference in class. It is you, the teachers."

Workshop Topics:

search findings. The top characteristics included "a sense of humor", "made the class interesting", "proficient in their subject", and "explained things clearly". In this unit, Dr. Kawtharani discouraged the use of drill and memorization in instruction. Instead, he encouraged instructors to "always start a lesson by bringing a problem from real life and solving it in class."

What stood out about the workshop was that it

- Balanced approach to teaching: individual, small group and whole class work
- Importance of the teacher as role model
- Cooperative learning techniques
- Ways to develop critical thinking skills
- Problem-solving strategies
- Active/experiential learning strategies to encourage maximum student participation
- Adapting strategies for different learner needs



SCHOOL OF ENGINEERING

Introducing The Biomedical Engineering Council

Last semester, the School of Engineering launched the Biomedical Engineering Council to create a space for communication between the university and professionals in the biomedical domain. Chairman of the Biomedical Department Dr. Walid Hassan gives us an inside look at the workings of the Council.

The Scope: Can you tell us about Biomedical Engineering Council?

Dr. Hassan: The Biomedical Engineering Council includes professionals from outside LIU; companies, professors, engineers, and associations. The main objective of the Council is to get an outside view of the department and to foster exchange and communication between the university and the industry.

The Scope: How will this exchange benefit students?

Dr. Hassan: This will help students in many aspects. The first is that students will be educated according to the needs of the market. The second aspect is that the companies and the professionals of the council will feel involved in the educational process of these students. This will give a better chance for our students to be recruited in these establishments.

The Scope: During last semester's Biomedical Day, companies and hospitals present offered to accept around 80% of our students to train in their establishments. Why do you think this is so?

Dr. Hassan: Professionals from companies and from hospitals look for good graduates, and the recruitment procedure is difficult for these recruiters because they need to develop techniques in order to test the candidate and to evaluate his/her competences. Last year we were taking this point as an

important reference, and we trained our students during their senior projects in a manner to show their competences from a technical and humanitarian point of view. This was reflected in the presentations of the students and in the interest shown by the university to hear and to note the remarks of these professionals, especially by the administration (Mr. Samir Abou Nassif, Dr. Ali Tarabay, Dr. Hisham el Hajj and Dr. Hassan Khashfeh). This gave a good impression and showed how the administration in LIU is involved and highly interested in the amelioration of our students' level.

The Scope: How has the input of the companies been incorporated to improve the programs so far?

Dr. Hassan: Ameliorations in the educational process are performed in a slow and effective manner. The first step was to inject in the course syllabi the elements that seemed very important and were actually missing in the courses. The second step, which is the most difficult, is to encourage students to be more active and motivated in their major. It is a matter of convincing students to show more interest in attending seminars and events in their domain, even if most of their time is occupied by their educational requirements at the university. Here I should mention that creating and organizing events at the university that students can be involved in will make them more attentive to this objective.

SCHOOL OF PHARMACY



Pharmacy Students Excel in Class and on the Sports Field

By Mahmoud Kaj

The Order of Pharmacy in Lebanon organized a sports tournament that took place August 6-8, 2010, in which the messages 'just say no to drugs, to smoking, and to counterfeit drugs' was the official logo. Schools of Pharmacy from LIU and four other universities as well as members of the pharmaceutical community in Lebanon joined together in this unique event. The event took place at Notre Dame University in Zouk Mosbeh under the auspices of the Minister of Health Dr. Mohammad Jawad Khalife, Minister of Youth and

football, a 4th place in ping pong and another 4th place in basketball. LIU's contribution to the event left a positive mark on everyone. Alaa Fares, an organizer from LIU said that, "it was the first time that the LIU School of Pharmacy enrolled in such an event and we promise that we'll excel again in the next tournament at the end of the Spring semester."

The Minister of Order of Pharmacy Ziad Nasour was pleased with LIU students' participation and performance in the tournament. He insisted that LIU should remain a main player in all coming events of the Order, reflecting on the outstanding touch it added with its great results and the amazing team spirit amongst its players and organizers.

“The Minister of Order of Pharmacy Ziad Nasour was pleased with LIU students' participation and performance in the tournament”

Sports Ali Hussein Abdallah, and President of the Lebanese Legion of Youth and Sports MP Simon Abi Rimya. LIU students contributed immensely to the event's success, with Pharmacy students from years 3, 4 and 5 taking part in the event. Students had the chance to show their talents in different games such as ping pong, football, basketball, swimming, tennis and chess.

Although it was the LIU School of Pharmacy's first time in such a sports event, it achieved remarkable results with a 1st place and a 4th place in



Community

The word "community" is derived from the Old French communauté which is derived from the Latin *communitas* (cum, "with/together" + *munus*, "gift"), a broad term for fellowship or organized society; as such, LIU Community also seems to organize its students under many points of common interest that stimulate recreational or cultural pieces of work that make their way to The Scope for everyone to see.

This Community section is a social workspace for creative writing and innovative ideas that can be shared among a spectrum of responsible students aiming to deliver their message; be it a poem, an essay or a cause for the world to hear.

To contribute to The Scope,
email: saja.takash@liu.edu.lb



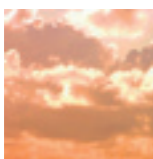
Interview

Prime Minister Salim El-Hoss
On education, democracy and life



FACULTY PROFILE

Dr. Mohammad Rashed



IN MEMORIAM
NAZIR AL SAUDI



In Memoriam
MAJDOLYNN



College Life:
A Scientific Exploration



LIU ALUMNI
Success Stories



BOOK REVIEW:
THE SECRET
RHONDA BYRNE



LIU Eagles Rugby Team
Tripoli



Between Classes...



"The Lebanese nose
has the right to exist"

and much more...

Disclaimer: Any opinions and/or viewpoints that are published herein are directly from the contributing author and do not represent the philosophy or viewpoints of the Lebanese International University



Interview

Prime Minister Salim El-Hoss
On education, democracy and life

Prime Minister Salim El-Hoss is a respected Lebanese politician who played a vital role in Lebanon's recent history. He was Prime Minister four times, each time working to keep the nation together and laboring for its advancement. He was also a Member of Parliament representing Beirut and he served as foreign minister twice. Prime Minister Hoss is currently the Vice Chair of the Arab Democracy Foundation and a member of the conference Axis for Peace. Preceding his rise in politics he was a renowned university professor. He received his undergraduate degree in Economics from the American University of Beirut and his PhD in Business and Economics from Indiana University in the United States.

On December 27, 2010, The Scope's Mohammad Mortada interviewed him on education, Lebanon, the past, the future, and his personal wish.

Mohammad: How would you describe your college years?

Prime Minister Hoss: My life at college was a full one. I used to work diligently and I graduated from my bachelors with honors. The university asked me to become a professor, and I started teaching at that early stage. Afterwards, I completed my Masters and I continued with my Doctorate in the USA. My life then was abundant with work and I was a very serious student. I look back at those days fondly.

Mohammad: Do you think that the changes in the educational system in Lebanon were positive or negative for this new generation?

Prime Minister Hoss: I consider them positive in that they brought the system closer to modern



higher education curricula. I'm referring to the newer universities as well as the older ones that have improved their curricula and have always stayed up to date on the latest international developments in education.

Mohammad: What is the future of education and in what direction is it headed?

Prime Minister Hoss: The future of education, I hope, is promising. There is a growing demand for education, and the teaching profession is becoming more and more attractive. When I was a professor I felt that I was contributing to the development of my students when I saw them graduating and advancing. Teaching is a profession that is strong and in demand and that is destined to continue to be perfected and advanced in the future.

Mohammad: How did you make the shift from teaching to Lebanese politics?

Prime Minister Hoss: How plentiful coincidences are in life - and my life is truly full of coincidences! I never planned to be where I am today. Everything happened by coincidence and in the scope of events around me. When I received my PhD and returned to Lebanon, many work opportunities presented themselves, and I took them. I found myself in the sphere of public service, I found myself naturally inclined to fulfill my responsibility towards our nation.

In this way I advanced in Lebanon; gradually and without any prior planning. Right after I received my PhD, I was appointed president of the bank inspection committee when it was first established. This position meant that I mingled daily with Lebanese leaders in all areas; economic, professional, etc. From here, each time an economic or professional committee was formed by the government, I would usually be either a part of it or at its head. It was then that I started to feel that I was unequivocally entering public life.

Then Elias Sarkis, who was at the time governor of the Bank of Lebanon, was elected President. He appointed me as Prime Minister because of our friendship and mutual trust. He had experience with me and did this based on his confidence in my work. He named me as his first Prime Minister in 1976 and I remained as such for four years at the head of two governments. I headed my first government for around two years, it was a technocratic government, and I was, in (President Elias)' view, the natural candidate to head this government because I was also a technocrat.



Mohammad: What would you like to change in Lebanon?

Prime Minister Hoss: I don't want to change, but to improve. I hope Lebanon improves economically in that wealth is distributed more fairly. In Lebanon, things are left as they are and the rich get richer and the poor get poorer - this is an unhealthy phenomenon.

“ **In Lebanon there is a lot of freedom but little democracy.** ”

Politically, I always say that in Lebanon there is a lot of freedom but little democracy. For one reason or another, Lebanon has not been able to make the best of its standing as a free country and to evolve this freedom into a real democratic exercise. Democracy in Lebanon is near impossible. It has prerequisites and these are not present in our system. The first one that comes to mind is accountability; in more advanced democracies there is a high level of accountability. Governments and authorities are held accountable for

what they do or don't do, often harshly; to the point where they are removed if they neglect their responsibilities. We don't have this; accountability and answerability here are near obsolete.

Mohammad: What do you expect for Lebanon's political future?

Prime Minister Hoss: I hope that Lebanon can be a pioneer in the Arab world in all that we seek from it. Lebanon is not a country based on seclusion and isolation. Lebanon is the country of tolerance. I hope that Lebanon is able to promote its position in the Arab world to become a leader among our nations, in advancing Arab positions and the Arab reality to where we want to be. I especially hope Lebanon can be a cultural pioneer.

Mohammad: What do you wish for on a personal level?

Prime Minister Hoss: I say that happiness in life is equal to clarity of conscience. I find myself with a clear conscience and I wish to remain as such.



FACULTY PROFILE

Dr. Mohammad Rashed

Coordinator of Biology, Biochemistry and Biomedical Sciences in Jdeideh and Tripoli campuses

By Mohammad Helfawi

He might be currently lecturing in the Beirut campus while some students wait for him in Saida or Jdeideh to solve some course conflicts. Others might be expecting him to arrive to the Tripoli campus the next day so that he will offer his advice concerning registration. If you are a Biomedical, Biochemistry or Biology student, you will certainly be advised to contact him. He is Dr. Mohammad Rashed.

Who is Dr. Rashed?

Who is Dr. Rashed and how did he reach this position? I had the chance to get some insights into his educational and professional track at times and take a look into his personal life at others.

Dr. Rashed is a graduate of the Lebanese University, where he studied Biochemistry and was able to get a Bachelor of Science along with a one-year degree (Masters I). Then, he was selected, among a few others, by the Center of Research and Development in the Ministry of Education to pursue his studies in France, where he acquired a Diploma in post-graduate studies, and thus earned the Masters degree after getting a scholarship honoring his extraordinary performance. Then, being able to prepare for a PhD degree, Dr. Rashed earned another three-year scholarship, during which he was able to get his PhD in Biochemistry and Cell and Molecular Biology from the University of Claude Bernard in Lyon.

From France, Dr. Rashed moved to Canada, where he pursued his post-doctoral studies in the field of Endocrinology in the University of Sherbooke. During this two-year period, Dr. Rashed came to Lebanon, got married and travelled with his wife back to Canada.

Entering LIU

In March 2006, Dr. Rashed was interviewed by the Lebanese International University, and was offered a teaching position. Yet, the July war interrupted the tranquility of Lebanon and Dr. Rashed left for another two-year period in Canada. This time, he studied the function of bones and the mechanism of osteoporosis in a university in Montreal.

In summer 2008, Dr. Rashed was back in Lebanon. He was interviewed by LIU again; afterwards, he began lecturing in the Saida, Nabatieh, Tripoli and Jdeideh campuses.



Gradually, Dr. Rashed became the coordinator of Biology, Biochemistry and Biomedical Sciences in the Jdeideh and Tripoli campuses. It is worth mentioning that he has by now taught more than ten different courses in LIU, among which are Biochemistry (I, II and III), Endocrinology, Genetics, Biotechnology, Enzymology, and Advanced Lab Techniques.

Unexpected Journey

After reading all this about the achievements of Dr. Rashed in the field of Biochemistry, it seems surprising to find out what Dr. Rashed initially intended to study: helicopter aviation. Here's the story:

Dr. Rashed's father was an engineer and a pilot; so, Dr. Rashed considered becoming a pilot.

After training for a short while, he was able to fly a helicopter towards the shores of Cyprus and back. Unfortunately however, he was not able to apply for a certificate as he was not eighteen yet. When he became eighteen, Dr. Rashed started to think of occupying a position in Middle East Airlines, yet the company was content with a very limited number of pilots and it was almost impossible for someone else to think of a position there. Actually, Dr. Rashed's father was against this ambition, as he thought this career was dangerous and laborious.

Then why did Dr. Rashed choose Biochemistry? Simply because the Faculty of Sciences was the closest to his house!

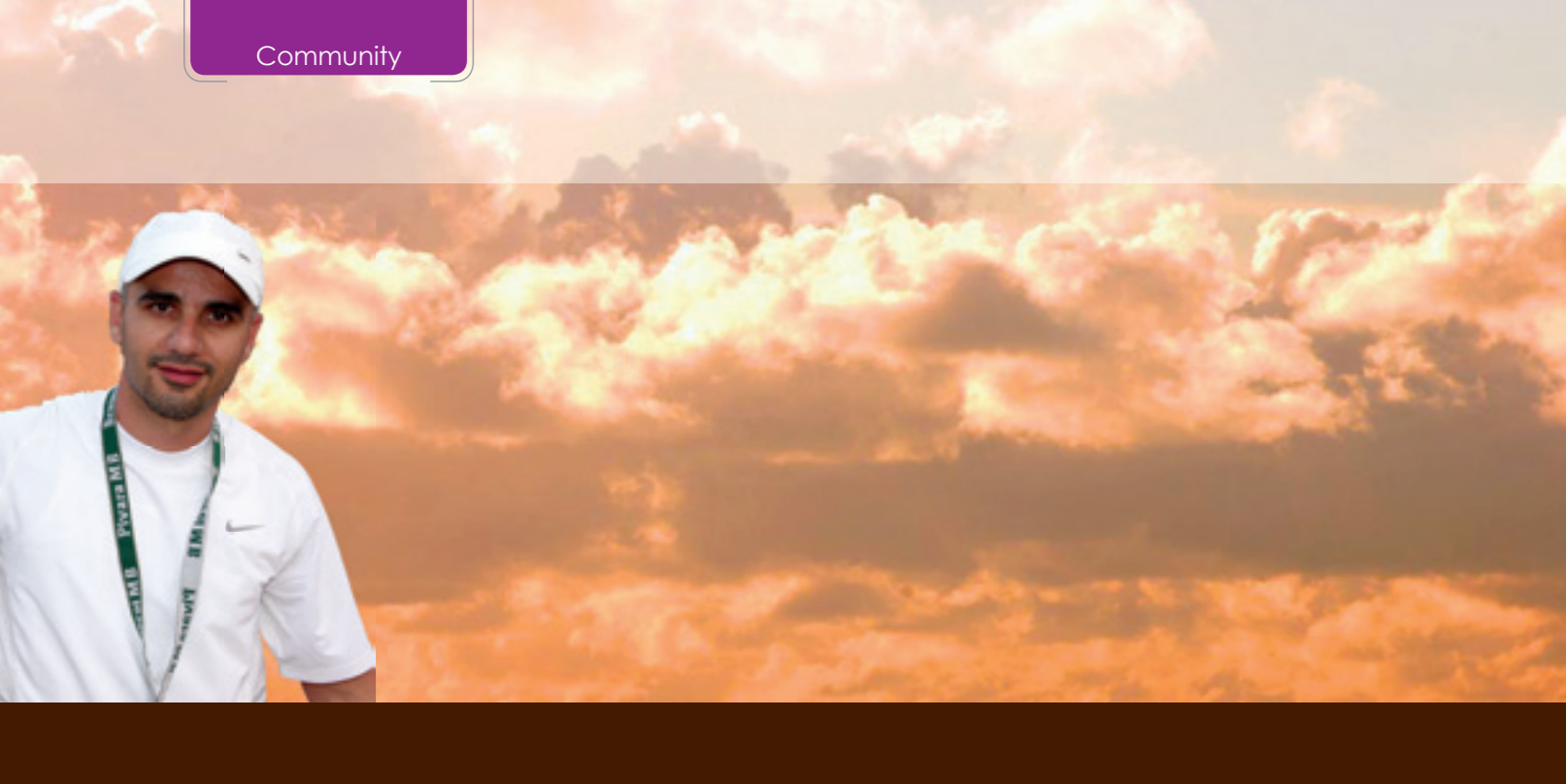
Moreover, Dr. Rashed thought of serving as an adjutant in the army after graduation; yet the duty was cancelled.

It seems that he thought of everything except Biochemistry. He himself thinks that it wasn't the most suitable major for him (he was much more talented in the fields of Mathematics and Physics). Yet, when asked, he says that if he was to start the whole journey again, he would do it the same way he did it before.

Lessons Learned

When asked about the most important lesson that he has learnt in life, Dr. Rashed responds by proposing that "everyone is able to achieve something without initially planning for it". He himself never expected to be in a teaching position. Dr. Rashed thinks that lecturing is no more than telling a story, a story that should be both interesting and beneficial. Concerning his two little daughters Sally and Celine, Dr. Rashed has decided not to interfere in their studying plans but to offer them help in whatever they choose.

Dr. Rashed, who assumes that he experienced no great difficulties as opposed to others in such positions, concludes that God was guiding him through this journey, where a new candle was lit every time dusk started to prevail. As for the way to success, Dr. Rashed states that "a student should be highly qualified if he wishes to succeed in something he/she doesn't admire". Hence, students should carefully choose their major based on what interests them.



IN MEMORIAM NAZIR AL SAUDI

The Lebanese International University mourns its Sports Director Nazir Agha Saoudi after he passed away at the age of 33 following a bitter struggle with cancer.

He was a model of morality and honesty with the people he interacted with and was known by his love and dedication to sports.

An international referee, Nazir contributed a lot to sports in Lebanon and the Arab world. He was one of the best basketball referees in Asia and refereed some top international matches, including the Asian Cup finals and semi-finals for women's basketball. He also had a significant impact on training in elementary schools, high schools and sports clubs, where his efforts allowed players of the highest levels to emerge. His role at LIU was also great, as he did not limit himself to coaching. He became the sports director for all the campuses, and it was under his leadership that the sports field at LIU excelled and reached numerous milestones. His role in some sports feats culminated in moments that will remain forever etched in the minds of all who knew him.

We offer Nazir's family, the sports family in Lebanon, and all who knew our cherished coach our deepest condolences. Dearest coach, you have our heartfelt prayers and memories that cannot be taken away by your death. God willing, we will meet again in the Gardens of Eternity.

In Memoriam

MAJDOLYNN DINNAWI



Majdolynn Zakariya Dinnawi was born in Beirut on September 13, 1980. She graduated from Lycee National (1998) and joined Beirut Arab University where she earned her B.Sc. (2002) and Diploma (2004) in Biochemistry.

Majdolynn joined LIU during Fall 2004 as a full time laboratory assistant to later become a laboratory instructor. She started with us in the old Saida campus in Majdelyoun and in the Beirut campus and worked very hard towards establishing the new labs in the Saida campus.

Majdolynn was always full of life, energy and hope. Even with the hard work she was performing at LIU, she managed to find time for her hobby in fashion; thus she enrolled at an Art College where she attended afternoon classes in Haute Couture.

Majdolynn is an example of a truly loyal friend who was always present in good times as well as bad times, always ready to give help to anyone without being asked. She spread happiness and simplicity around wherever she was present. We were lucky to have had the chance to have Majdolynn with us at certain times in our lives.

Her life was cut short one day shy of her thirtieth birthday after a yearlong strong battle against cancer that was a sudden and aggressive enemy. Having a scientific background, Majdolynn knew all the strategies, steps, and weapons of her enemy; yet, she decided to confront it by herself and tried to protect everyone in her surroundings, her family and friends, from suffering with her by hiding the ugly truth armed by faith. As her family confirms, she never complained of pain, she was strong enough to make them believe that she was recovering and was going to survive this distress.

During the last year of her shortly-cut life, and despite the agony of her difficult treatment, she always ensured that she did all her work on time and to the end. Her dedication, sense of hope, and love for life were inspiring to all people around her. Majdolynn was exemplary in her academic performance as well as in administrative conduct. LIU students, staff, professors and administration attest to her excellence and unwavering commitment to using her life to better the life of people around her.

Everyone who ever worked with Magdolynn will miss her greatly.

What is Cancer?

Cancer is a class of diseases characterized by out-of-control cell growth. There are over 100 different types of cancer, and each is classified by the type of cell that is initially affected. Cancer affects people of all ages, with the risk for most types of cancer increasing with age.

Cancer harms the body when damaged cells divide uncontrollably to form lumps or masses of tissue called tumors (except in the case of leukemia where cancer prohibits normal blood function by abnormal cell division in the blood stream). Tumors can grow and interfere with the digestive, nervous, and circulatory systems and they can release hormones that severely alter body function. Tumors that stay in one spot and demonstrate limited growth are generally considered to be benign.

“Cancers are primarily environmental diseases with 90-95% of cases due to lifestyle and environmental factors”

More dangerous, or malignant, tumors form when a cancerous cell manages to move throughout the body using the blood or lymph systems, destroying healthy tissue in a process called invasion.

When a tumor successfully spreads to other parts of the body and grows, invading and destroying other healthy tissues, it is said to have metastasized. This process itself is called metastasis, and the result is a serious condition that is very difficult to treat.



What causes cancer?

Cancer is ultimately the result of cells that uncontrollably grow and do not die. Normal cells in the body follow an orderly path of growth, division, and death. Programmed cell death is called apoptosis, and when this process breaks down, it might trigger cancer formation. Unlike regular cells, cancer cells do not experience programmatic death and instead continue to grow and divide. This leads to a mass of abnormal cells that grows out of control.

Some causes of cancer:

Cancers are primarily environmental diseases with 90-95% of cases due to lifestyle and environmental factors and 5-10% due to genetics. Examples of causes are somatic cell gene mutation, inherited genetic mutation, certain types of viruses, low immunity, environmental pollution, chemical carcinogens (tobacco, alcohol, trans-fat, etc).

Passive smoking, also known as secondhand smoking, is the involuntary inhalation of cigarette and cigar smoke from those around you. This occurs when the smoke of cigarettes or tobacco penetrates your surrounding environment, causing all the people within the premises to inhale the smoke. People who smoke in an indoor environment may increase the risk of affecting non-smokers because of the limited ventilation. Secondhand smoke is rapidly absorbed into the blood, thus decreasing the coronary flow of blood in the body and increasing the risk of heart attack and respiratory diseases to non-smokers.

How is cancer classified?

For simplicity, cancer can be classified into five broad groups:

1. Carcinoma is characterized by cells that cover internal and external parts of the body such as lung, breast, and colon cancer.
2. Sarcoma is characterized by cells that are located in bone, cartilage, fat, connective tissue, muscle, and other supportive tissues.
3. Lymphoma is cancer that begins in the lymph nodes and immune system tissues.
4. Leukemia is cancer that begins in the bone marrow and then accumulates in the blood-stream.
5. Adenoma is benign cancer that arises in the thyroid, pituitary gland, adrenal gland, and other glandular tissues.

“Physicians recommend diets that are low in fat and rich in fresh fruits, vegetables and whole grains”

How can cancer be prevented?

Cancers that are closely linked to certain behaviors are the easiest to prevent. For example, choosing not to smoke tobacco or drink alcohol significantly lower the risk of several types of cancer - most notably lung, throat, mouth, and liver cancer. Even if you are a current tobacco user, quitting can still greatly reduce your chances of getting cancer.

Skin cancer can be prevented by staying in the shade, protecting yourself with a hat and shirt when in the sun, and using sunscreen. Diet is also an important part of cancer prevention since what we eat has been linked to the disease. Physicians recommend diets that are low in fat and rich in fresh fruits, vegetables and whole grains.

Certain vaccinations have been associated with the prevention of some cancers. For example, many women receive a vaccination for the human papilloma virus due to their relationship with cervical cancer. Hepatitis B vaccines prevent the hepatitis B virus, which can trigger liver cancer in some infected population.



How is cancer treated?

Cancer treatment depends on the type of cancer, the stage of the cancer (how much it has spread), age, health status, and additional personal characteristics. There is no single treatment for cancer, and patients often receive a combination of therapies and palliative care. Treatments usually fall into one of the following categories: surgery, radiation, chemotherapy, immunotherapy, hormone therapy, or gene therapy.

The best therapy for cancer is prevention. Some cancer prevention is based on systematic screening in order to detect small irregularities or tumors as early as possible even if there are no clear symptoms present. Breast self-examination, mammograms, testicular self-examination, and Pap smears are common screening methods for various cancers.

“The best therapy for cancer is prevention”

The preceding information is part of the newly established 'Majdolynn Cancer Awareness Campaign' which was established in memory and in the name of the late Ms. Majdolynn Dinnawi and aims to raise awareness about cancer and how to prevent it among LIU students and in our broader community.



College Life: A Scientific Exploration

By: Dr. Toni Rahi
Ph.D in Educational Management

Our LIU students' college work proceedings consist of being a preliminary approach to learning, and applying the scientific method of research based on analytical testing and measurement. This is the first attempt to a very rigorous and scientific inquiry executed by undergraduate and graduate students at the Lebanese International University.

It is our sincere and honest intention to encourage our students to think and write about certain real world business issues, such as current problems, opportunities, market, competitions, government, and technological advancement. Hence, thinking logically is theoretical; data collection and statistical analysis are practical and observable, leading our young researchers to make accurate decisions about the world and its complex situations and circumstances.

Several questions are worth asking? How can we think logically? How can we put in writing our invisible thoughts that would make sense to us and to the readers? Is it really difficult to frame our ideas into some meaningful forms? Of course not! Our human brain is so complex but yet so simple and easy to function. It is like a computer. Give it a command, then it will execute, and you will have your job done.

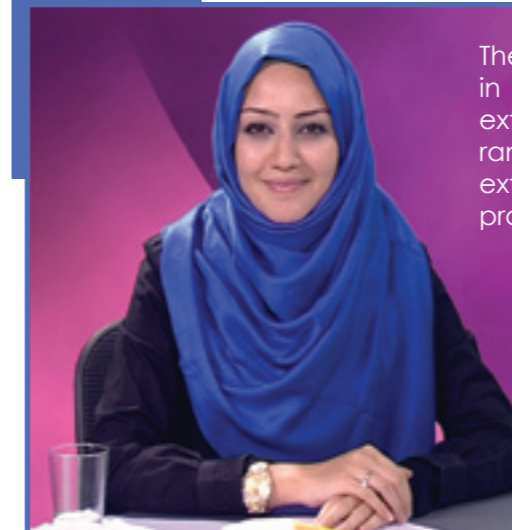
When you think about a certain aspect of real life, you are looking for a naturally occurring situation that is observable, measurable and contingent. It is not a complex issue that complicates

the decision makers. It is rather a phenomenon in which the research displays a problem statement, a certain real business dilemma or a crisis that cries for a problem solving approach. This scientific process requires objectivity, intellectual ability and rigorous creativity in following a logical chain of reasoning, a well designed methodology in the formulation of a survey question, proper data collection, and accurate statistical analysis along with fact findings. It is not merely an intuitive, sensitive and good hearted analysis but a combination of feelings and factual thinking in the course of any scientific inquiry.

Our recommendations to the new Lebanese learning generation are based on forming the young brains appropriately. All scientific items must descend to the intellectual level of learners: no complexities in teaching or confusion in transmitting information from the teachers' teaching materials to the students' learning materials that may pass over their heads. It is a matter of passing information and knowledge through their brains and cognitive processes, simply, clearly and objectively.

Finally, LIU students' work and college experience are rewarding, joyful and very satisfactory. They will reap their fruitful knowledge in the course of their present and future life. Courage, motivation, enthusiasm will enflame their willingness to learn with passion, love and comprehensiveness.

LIU ALUMNI Success Stories



The Lebanese International University takes special pride in all its alumni. Graduates of our university have achieved extraordinary success in short periods of time and in a wide range of fields. Their expertise now benefits Lebanon and extends to countries all around the globe. In this issue, television producer Farah Atoui shares her experiences with the Scope.

Farah Atoui
BA '10 Journalism
Producer and Presenter at Sahar TV - Beirut, Lebanon

"The most important thing I learned was how to become friends with the camera"

Women

The Scope: What exactly does your current position comprise of?

Farah: I produce and present a program called "Women" that deals with social issues that women face. My show is 45 minutes long and is broadcasted live twice per week on Sahar TV. I research issues of significance in women's lives, such as gender discrimination, the challenges of motherhood, marriage, education and work life. I look at them from different perspectives; from psychological, economic, social, and religious viewpoints. This requires me to read a lot of books about women's issues. Then I select a guest who has a lot of information and experience on the topic. My assistant producer creates two 2-minute VOX POP segments featuring the opinions of women on the street. The presenting part includes composing the interview questions, hosting the show and interviewing the guest.

I will also be starting a weekly political analysis show focusing on Mideast politics within the next few weeks.

The Scope: How was your transition from the classroom to the workplace?

Farah: I have always loved my field so I was constantly trying to get hired by television stations and magazines. I felt that I had a duty and my duty was to become a journalist, and so I started

from day one. I became a working student from my first semester when I got hired by Al Shu'oun al Janoubiya magazine. I'm really glad that I was able to connect both university theories and practical application. It was nice to learn things in class and directly practice them; in this way I didn't forget what I learned. There was no real transition period. I never relied on my studies alone to reach my dreams; I felt that university served as the bridge between me and my dreams.

The Scope: What personal/professional qualities helped to launch you into your current career?

Farah: Curiosity, energy, and courage. My curiosity propelled me to find out every detail about everything. My energy and enthusiasm pushed me to invade the world of journalism. I feel that I can represent people who can't represent themselves, whether it is the common person in a common situation, or someone in a difficult situation. Someone like an impoverished person who cannot, by himself, reach authorities when he speaks of his suffering. It could be someone who has a political grievance and wants his voice to be heard. I aimed to be the voice of those with no voice. When it comes to courage, I had the courage to go on the streets when nobody else would. In the 2006 war I was in the warzone, on the ground, telling people what was happening.

Every time I go to an interview, I am asked why I am in journalism; I say that I was born to do this. If I wasn't in journalism I wouldn't be anywhere. You should love what you're doing so that what you're doing will love you back.

The Scope: Please describe a typical day in your life.

Farah: I wake up at 8:00 and I go to the studio. I have five hours of preparation before each live episode. This includes finalizing the interview set-up and sending the questions to guest beforehand, so that there are no surprises. I watch the street interviews and I prepare my outfit according to the station's dress code policy. Then the makeup artist arrives and I get my makeup done. At 3:00 pm I'm ready to go live on television. My guests arrive and I present the 45-minute episode. You will usually find me eating only minutes after filming is complete, since I wouldn't have eaten anything all day because of the pressure that comes before an episode.

The Scope: What is the single most important thing you learned at university?

Farah: The presenting techniques that Mrs. Sahar Charara taught me were essential to my current success.

The Scope: What is the single most important thing you learned at work?

Farah: Everything I learned at work was important, but one of the most important was how to become friends with the camera and make it a part of my life. Now I feel that I am the daughter of the camera, and that I love her and she loves me.

The Scope: What is the best part of your job?

Farah: Everything. I love my job; and every part of my work is my favorite part. The hiatus of my job is when I read the responses of my viewers and when I receive phone calls and see how interested people are in my work. The best moment of my life was when I got an email from a man in Gaza saying, "Thank you for bringing the light into our homes". He was glad that there were still media outlets that spoke about their plight and didn't follow a pre-established line. I also receive emails from westerners who thank me for speaking about the Mideast conflict in a different way from the stand-in-line media that they're usually exposed to. That's when I feel that I've completed my duty.

The Scope: What is the worst part of your job?

Farah: The worst part is the creative differences that sometimes occur within a team. I always want my production team to be strong and united, because the stronger the team is the better the show.

The Scope: What is the future of your field?

Farah: The media will take over every kind of communication and expression. It will become the fourth authority and will serve as a watchdog. People who cannot acquire their rights, be it human rights, civil rights or anything, will continue to reach out to the camera and it can and will help them achieve their aims. When people are ignored by their governments, shows like NewTV's Al Fasad spring up. Al Fasad helped people raise awareness about their situations and many times it enabled them to resolve them. The media will continue on this path and will become the most powerful authority in Lebanon.



The Scope: What advice can you give today's students?

Farah: When there is a will there is a way. I advise all students of journalism not to depend only on their studies. Especially don't depend on anyone else (I mean the notorious Wasta!). This can only help you in the short term and then you will be left with nothing. Depend on your own talents, capabilities and experience.

Make hundreds of copies of your CV and leave them EVERYWHERE. Keep some with you at all times. You can't sit at home and expect things to happen by themselves. Attend seminars and conferences even if they're not related to your studies. It's an amazing feeling to sit in the seat of a journalist and to watch them working around you, and you can get to know people in your field and establish contacts. I also feel that one of the most important things a budding journalist can do is develop her presenting skills and her inner voice.

BOOK REVIEW: THE SECRET RHONDA BYRNE

By Mahmoud Kaj



Book Ratings: ★★★★★

Every one of us needs and aims for a better, happier life; more wealth, more self satisfaction, a loving life partner, a nice car or a better place of living. Many people are surrounded by problems in their daily lives which they think are hard to solve. This book talks about the secret that their own thoughts are the chains buckling them up in a prison of sadness and frustration. The key concept to free yourself from your daily life problems is to change your thinking from negative to positive.

This is what philosophers and great thinkers of the past believed. Even today, scientists call it the 'law of attraction'. The law of attraction has always worked with the most influential people in history. However, many have misunderstood or have been ignorant about. It is a concept proven both in theory and in practice using technology in the field of quantum physics that when you think positively you will attract everything with positive energy to you which is in harmony with your state of being. Therefore a positive idea is not only dust in the air, its energy frequency spreads in the whole universe. The universe is a single body with a single consciousness where all parts are connected and communicate with one another! The simple explanation is that the universe is all energy; at the atomic level everything - solid, liquid and gas - are energy.

We are essentially different mediums of energy contained within the larger one of the universe. Thought waves are cosmic waves all around in space. Ideas are transferred in the universe attracting situations and change that are either positive or negative. It's not a difficult thing to add positive change for a

happier life. If you are not feeling good, put yourself in a situation that makes you happier or more self confident, and if you can't implement it then just use your imagination and train your brain to keep smiling! Experience has proven that it is very difficult to continue to be miserable if you are acting out all the traits of being incredibly happy. As Martin Luther King said, "Make the first step in Faith. You don't have to see the whole stair-case. Just take the first step."

Be grateful to God and don't worry about the future. Use your imagination to solve problems at first and with a strong will. The most famous physicist of all time, Albert Einstein, once said: "Imagination is everything. It's the preview of life's coming attractions." Stop resisting what you don't want; instead, turn your back on it. What resists persists because you're still focusing on it. Again, negative thoughts attract negative change. Finally, trust yourself and be grateful to your Creator. When you feel good about a decision, follow through on it to the very end and you will see doors opening for you where you least expect it.

I agree fully with the contents of The Secret. You deserve to be happy; you are a creation with infinite abilities, unlimited imagination and hopes that you should use to create happiness for yourself and others. You really have the whole universe working for you as God said, "Oh mankind, I have created the whole universe for you and I have created you for me."

Visit the library at the LIU campuses to check out this book and many more.

Meet LIU Eagles Rugby Team Tripoli



Front row:

Mohamad Allaf - Nour Haddad - Ahmad Osman Al Merahbi - Tarek Fadli - Omar Karimeh - Ali Massri

Mohammad Al-Allaf

Position: Full Back
Height: 176 cm
Weight: 78 kg
Birth date: 24/10/1991
Birthplace: Tripoli
Major: General Engineering

1

Noor Haddad

Position: Lock
Height: 172 cm
Weight: 82 kg
Birth date: 4/1/1988
Birthplace: Tripoli
Major: Biomedical Science

4

Ahmad Ossman Al-Merabi

Position: Second Row
Height: 177 cm
Weight: 78 kg
Birth date: 1/1/1989
Birthplace: Akkar
Major: Accounting Information Systems

10

Tarek Fadli

Position: Assistant Coach/Center
Height: 186 cm
Weight: 95 kg
Birth date: 30/7/1989
Birthplace: Tripoli
Major: Banking and Finance

5

Omar Karimeh

Position: Wing
Height: 166 cm
Weight: 55 kg
Birth date: 15/7/1989
Birthplace: Baddawi
Major: General Engineering

11

Ali Masri

Position: Half Back
Height: 173 cm
Weight: 78 kg
Birth date: 8/10/1989
Birthplace: Tripoli
Major: Business Management

13

From left to right

Standing: Zakaria El Ali - Mohamad Ghemrawi
- Firas Melhem - Omran Ibrahim - Aziz Smaily
- Mohamad Sabra - Coach Nader Helou -
Abdullah Kalawoun - Moetaz Soubjaki

Aziz Smaily

Position: Left Prop
Height: 200 cm
Weight: 125 kg
Birth date: 30/5/1988
Birthplace: Koura
Major: Marketing

15

Zakaria El Ali

Position: Full Back
Height: 189cm
Weight: 73 kg
Birth date: 26/8/1989
Birthplace: Tripoli
Major: Computer Engineering

17

Mohammad Sabra

Position: Right Prop
Height: 178cm
Weight: 100 kg
Birth date: 6/4/1989
Birthplace: Mina
Major: Mechanical Engineering

8

Mohammad Ghemrawi

Position: Wing
Height: 183cm
Weight: 67 kg
Birth date: 10/2/1992
Birthplace: Tripoli
Major: General Engineering

2

Coach Nader Helou

Height: 180 cm
Weight: 75 kg
Birth date: 26/8/1976
Birthplace: Mina

16

Firas Melhem

Position: Center
Height: 175 cm
Weight: 100 kg
Birth date: 12/3/1990
Birthplace: Berkayel
Major: International Business Management

3

Abdallah Kalawoun

Position: Second Row
Height: 179 cm
Weight: 78 kg
Birth date: 12/7/1992
Birthplace: Batroun
Major: General Engineering

12

Omran Ibrahim

Position: Half Back
Height: 180cm
Weight: 80 kg
Birth date: 8/3/1989
Birthplace: Mina
Major: Management

7

Moetaz Soubjaki

Position: Five Aid
Height: 176 cm
Weight: 95 kg
Birth date: 16/9/1988
Birthplace: Tebene
Major: Banking and Finance

6



Between Classes...

By Amal Hamade

Sara Hassan:

What made you choose LIU? I chose LIU because it is a university that I can afford. In addition, I don't have to pay transportation since my residence is close to the university

How do you spend your spare time between classes? I eat and spend some time with friends

How do you spend your money? Shopping!

Should there be a smoking ban on all campus property? Sure. To ensure better health for all students



Ahmad Hmedeh:

What made you choose LIU? I chose LIU since it's the most suitable university concerning fees. In addition, because of its high educational level

How do you spend your spare time between classes? I have work

How do you spend your money? Outings, charging my phone and saving

Should there be a smoking ban on all campus property? Whether there is or not, students will never stick to it



Chadi Jamaledine:

What made you choose LIU? I chose LIU since it's a university for everyone

How do you spend your spare time between classes? Mostly in the library and with friends

How do you spend your money? Phone recharging and clothes

Should there be a smoking ban on all campus property? I think there must be certain smoking areas



Ali Hammoud:

What made you choose LIU? I chose LIU since it has an average cost of credits that I can afford

How do you spend your spare time between classes? I don't have spare time between classes

How do you spend your money? University fees, transportation, hanging out

Should there be a smoking ban on all campus property? No, since each individual is free to do whatever comforts him/her. Individuals who get annoyed by smoking can stay away from smokers



Zeinab Chahine:

What made you choose LIU? I chose LIU since all of my friends applied here so we agreed to register at LIU

How do you spend your spare time between classes? I don't have spare time between classes

How do you spend your money? Shopping, BlackBerry Messenger (BBM)

Should there be a smoking ban on all campus property? Yes, because non-smokers are being harmed because of the smokers



"The Lebanese nose has the right to exist"

By Marc Röhlig

Around 1.5 million plastic surgeries and 10 million liftings are carried out in Lebanon every year – by only 4 million inhabitants. Sculpting your body has become a national sport. In 2009, 27-year-old Gwen Bou Jaoude founded ANAdiva to fight this mass production of model faces in Lebanon.

Gwen, ANAdiva is fighting back against plastic surgery in Lebanon. But 'Ana Diva' is Arabic for 'I am a diva'. Doesn't a diva have the right to be beautiful?

Gwen Bou Jaoude: Sure, she has the right to be beautiful, but plastic surgery cannot be the correct way to do this right. You can feel fine –like a diva – without lying on the operating table every week. What we are experiencing in Lebanon today makes having surgery like having a coffee. ANAdiva is not fighting plastic surgery; it is fighting the abuse of it.

How does that fight look?

Gwen: We do a lot of information work and publicity. My biggest message is that everyone is different; everyone is beautiful. Why should we all look like photoshopped models? Why don't we focus on our own beauty? To get people to that point, I organize discussions and public exhibitions.

In a sculpted society like Lebanon, fighting beauty surgery is not the first thing that comes to one's mind. How did it come to yours?

Gwen: Well, I had the idea in London, from an outsider's per-

spective. I did my Masters degree in design studies and did research on fashion and beauty, just out of interest. I did a survey with Lebanese women and the answers really woke me up. 'I wish there would be a plastic surgery drive-through' wrote one woman. Another talked about dragging her 21-year-old daughter to the clinic – just to fill her up with botox before she gets her first wrinkles. Others were similar. I experienced the need and suffering – and then said to myself, there should be an answer.

That answer is ANAdiva. What have you achieved so far?

Gwen: First, in July 2009, I started a webpage with the help of some friends. Then we got in contact with professionals, psychologists and surgeons. I don't want ANAdiva just to be a shiny internet address; I want it to be accurate in its research and information output. Since I had neither a budget nor a big team, ANAdiva developed with the help of volunteers. All the people helping me are doing it because they believe in my idea. Finally, we put some provocative art on the streets of Beirut...

...which is the Lebanese capital of remodeled faces and bodies...

Gwen: ...and which is also the capital of fancy bars and day-long clubbing. Street exhibitions in Beirut's 'in'-area of Gemmayzeh really worked as a door-opener. We had black figures standing on the sidewalk, a symbol of mass production, and we had a glass booth, where you could





get yourself photographed without retouching.

And the people enjoying a night out had no problem with your provocation?

Gwen: Well, sure, some were aggressive and shouted at me, "Why do you believe you have a right to judge us?" But I don't want to judge anybody. I want to make people think. Luckily, most people liked the ANAdiva exhibition and encouraged me. And if only a few of them wake up the next morning and ask themselves, "Do I really need that nose job, that c-cup or that latest botox injection?" then I've done a great job.

But why do so many Beirutis – or Lebanese in general – require plastic surgery? Is there a lack of self-confidence in the society?

Gwen: I wouldn't go so far as to compare the need for surgery with the needs of the Lebanese society. But definitely there is competition. If my neighbor had surgery, I would need surgery, just like buying new shoes. We have some girls, and boys, who would sell their cars in order to afford surgery. Better to be good looking in a taxi than driving one's own car with an ugly face! I think it is a trend influenced by Hollywood. Instead of presenting our Lebanese Arab identity we all just start looking like stereotypes of beauty.

What are you doing now?

Gwen: I am now aiming to get NGO-status and to apply for funds. Then I can employ more people and build a real structure for ANAdiva. We are trying to link up with politicians and universities, but I want more. I am hoping to cooperate with the Ministry of Education and the Ministry of Tourism – so we can start working in schools and on information programs on Lebanese identity. There is so much to change!

Looking back on the first year, has ANAdiva changed you?

Gwen: Definitely. I feel that I am not just doing a

job – I am actually working on something that I am good at and that I really like. And I felt the power of ideas. ANAdiva started out of nothing and now it is successful and well-known in Beirut society.

Last question. If someone offered you surgery for free, would you take it?

Gwen: Ha, I don't think so! There is no need. If I did – and that's a big 'if' – then it would be some small procedure in my fifties. But I am sure I will never have a nose job. The Lebanese nose has the right to exist!

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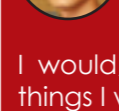
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LIU Students:

If you were offered free cosmetic surgery, would you take it?



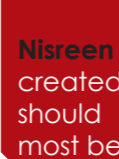
Adel Harb: I wouldn't take it because I consider myself to be a perfect person.



Amina Al Nakib: Of course I would, because there are some things I would like to improve.



Moayad Ashour: Yes, because it's a chance to change things that I don't like about my appearance and I wouldn't refuse this chance. It could be something simple, like a tattoo removal.



Nisreen Danab: No, because God created me with this look so why should I change it? People are most beautiful naturally.

REVOLUTION

By Alaa Takache

Events happening all around me, stirred me inside

I had to write, as ideas filled my brain
Everything on TV, in the papers, shouted inhumane
The rulers, the leaders are sipping champagne
While tying their people with iron chains
My heart beat fast feeling the pulse in every vein
The blood of the people was oozing from his reign

They'd shed a tear if rocks could cry
They'd say 'it's tolerable' if angels could lie
And the world watched through the camera's eye

But they remembered Muntadar al-Zaidi's shoes
And how in 2006 we knew we wouldn't lose
They set to the streets to show what the people choose
That the dictatorship's fall will be next on the news

Hand in hand, the Quran and the Cross
Not stopping to cry at material loss

By the will of freedom and command of the sword
By lifting our hands up and trusting the lord,
And in case we die; martyrdom's our reward
We will show our dissatisfaction with this accord

We will not rest. We will not sleep until justice is restored



His Majesty

Anonymous

Devious Cupid with his bow plays archery
Steals peoples' hearts like cunning burglary
Twists one's path, diverts; tempers with destiny

But today's poem's not meant to stir controversy
Its going to be filled with depiction and flattery
Because the person I'm describing is extraordinary
He's sweeter than candy, his lips are sugary
And when I'm done a bow will be necessary
You'll find yourself clapping- involuntary
Wondering where on earth I got my vocabulary

I'm gonna start with his charming personality
Seeing as it's a person's most precious commodity:

This guy gives meaning to fidelity
I love his logic and sense of reality
His intelligence, understanding and complexity
I need to know more, out of curiosity:
About his caring nature and sensitivity,
How he relates to my thoughts and femininity.
Yet he fights his enemies with ferocity
Tell me the secret to this flexibility

Now, allow me to describe his looks with some clarity
With every glance I relish God's creativity
How he made a man with such quality
Distinguishing him from the rest of humanity
With his towering height and masculinity
With lashes that border his eyes' intensity
Now forgive me if I've lost my sanity

Being so fine should be an illegality
Such attraction is bound to cause a fatality
So if being addicted is a criminality
Then I'm ready to hold some accountability

Concerning our size, there's a slight disproportionality
But with our minds we've got the same ability
And our thinking is really complimentary

As for me, I know there's compatibility
I feel his thoughts and sense my affinity
When I laid eyes on him I knew his purity
And in return he understood my maturity
We both smiled realizing the similarity
That we've each been given a new opportunity

Think Twice

By Saad-Allah I. Mustapha Merhebi



The world is a cruel place to live in
Life is a tough road to be driving
People just keep pretending, and feelings just keep fading
Life isn't yours to be given
No one is innocent of sin
So this life we are having
Just doesn't deserve to be lived
Once there was hope, hope for a better day
Once there was a reason to live in a better way
Once there was someone that you would wait for all day
But hope was lost
Reason was gone
Someone was caught
Life is hard
And never reaches an ending
Why more living?
Words are said for what tomorrow hides
Happiness and joy,
Cruelty and unfairness,
Control the world we live in
One day you lead
One day you follow
There's always someone better than you
As you're always better than someone
Waiting was always an option
But waiting never ended
And life should keep on going
Life is life
And is going to remain till the end of time
Life is hard, life is tough
Life is bright, life is nice
You choose how to live
But think twice
Of what tomorrow hides
You never know what tomorrow hides
So just think twice
And never waste your dice
Life is not a game
And you're not going to live twice



Angel with no Wings

By Nermine Iskandarani Mashhoud

At the end of her shift, Wafa, a surgical and intensive care nurse for thirty years, was eager to go home to a hot bath and a novel. As she was heading home, she saw an ambulance station and felt an unexplainable urge to stop and greet the paramedics, most of whom she had worked with. The closer she got, the stronger she felt compelled to stop.

She had barely entered the building and greeted her friends when the phone rang. "There's been a two-car accident," the head paramedic said. "We're understaffed today and could sure use your experience, Wafa. Will you come with us?"

Instinctively, she climbed into one of the ambulances. Wafa felt an unseen force urging her to help. The sirens shrieked and they soon arrived at the accident site. While paramedics attended to an injured man in one car, Wafa checked the vital signs of a teen sitting in the other vehicle. There was no blood or visible signs of injury on her. Nermine, the accident victim said nothing, but stared at Wafa with vacant eyes.

Wafa suspected a brain concussion, but kept her thoughts to herself. Hoping to comfort her, she said, "Looks like you're going to be fine, but just to be on the safe side, we'll take you to the hospital." Mutely, Nermine continued to stare at Wafa, as if her eyes were about to pop out of their sockets. The injured man was loaded into an ambulance that sped away and the paramedics placed the teen onto a gurney and into a second ambulance. Heading to the hospital, Wafa held Nermine's hands and comforted her with assurances that everything was going to be fine.

The following morning when Wafa reported for duty, she discovered that Nermine had been moved to her floor. After checking her chart, Wafa was relieved to see she was well enough to be discharged.

She entered the room and introduced herself. "I'm Wafa, your nurse," she said. "How are you feeling?"

Nermine blinked her eyes and her face turned white. "Are you real or am I hallucinating?"

"Oh, I'm real, I assure you." Wafa gently held Nermine's hand and checked her pulse.

Nermine said, "Are... are you sure you're not an angel?"

Wafa smiled and attached the blood pressure cuff. "Nurses are often referred to as angels of mercy."

The teen continued to stare at Wafa and whispered, "I mean a real angel."

Wafa raised her eyebrows. "A pair of wings would be handy, but, believe me; I'm just as human as you are."

Nermine shook her head. "Last night I was in a car accident and thought I might die. The sun was slipping behind the mountains when suddenly an angel appeared in a halo of light. When she touched me, I felt a surge of love and knew God sent her to reassure me that I'd live." She clasped Wafa's hands. "You look and sound exactly like her except that you don't have wings!"

"I love you mom for all the support you have been giving me and the tenderness you have furnished in my road of success and simply because you are my MOTHER".

My Dad's Girlfriend is Knocking on the Door

By Amal Hamade

Knock Knock Knock!

I was at the window watching the rain when Miss Universe knocked at the door, with her attractive black formal suit and classy Italian leather boots. I rushed to open the door anxiously. "How could I help you lady?" I asked.

"I have an appointment with Mr. D." She answered. Mr. D. happens to be my dad. I went upstairs and called dad, then went to the kitchen to tell mom about the incredible charming touch of beauty in this lady. The way she dresses, the way she walks, the way she talks, almost perfect! I'm telling you, she's Miss Universe and Outer Space too. Mom asked suspiciously, "What lady?"

"She has an appointment with dad and she's inside with him right now." I answered. After an hour and a half with dad in his office, they finally went out. I wanted to shut up the eagerness in me of watching this lady move, talk and smile. "You'll be officially starting on Monday so please be there at 8 am sharp," said dad said to Miss Universe. Unfortunately, she left afterwards directly. Then it was lunch time and we all sat at the dining table. The first words that came out of my mouth were, "Dad? Is she your new secretary?"

"Yes, son," answered dad.

Mom didn't comment or even criticize; she even didn't go out of the kitchen to see this lady. It is strange and a bit awkward; any other woman would have gone through a huge argument with her husband if he hired a Miss Universe as his secretary. But not mom, I think she trusted dad over the limit. But what am sure of is that my mom is one of a kind, she's Miss Universe in my eyes and thoughts, and she's everything a man can wish for. My mom's activities were limited to cooking, cleaning, and taking care of me and dad. Meaning all her time was devoted for her home sweet home. Sometimes her eyebrows stuck together forming a sinusoidal signal, since she didn't have time to groom them. I had even forgotten how mom looks in a dress or in classy outfits. I had forgotten when was the last time she went out with dad for dinner or for a visit.

A sunny, fresh Monday arose.

The first thing I had in mind was that my dad would be spending the day with Miss Universe at the office. Youthful traits started appearing in dad's attitude; singing while getting dressed and fixing his hair, wearing outstanding suits of Armani, Franco Ferro and many others, not to mention the best of the best perfumes. But what created exclamation marks in my mind was that when he used to come back late from work, he used to smell of a familiar perfume that I identified as feminine. I knew the smell, I had smelled it before but couldn't remember when and on whom.

Oh, destiny!

I wondered whether my mom didn't notice anything or whether she just didn't want to go through a big fight with him for my sake. But one night I woke up to have a sip of water and found dad sleeping on the couch in the living room. "What was that for?" I wondered

In the morning, I woke up and went directly to check with my Miss Universe that everything was okay with her and dad. Nothing important son, he just felt it was more comfortable to sleep on the couch, she answered. But this excuse didn't convince me. I could smell something fishy. Dad left to work and mom started cleaning the living room where dad slept last night. She found that he had forgotten his mobile on the couch between the empty spaces with an unread message on the phone. Of course, out of curiosity and maybe out of suspicion too, she read the message. It read: Darling, I will be waiting for you at our usual place at 8, don't be late.

Mom left dad, and dad married his secretary. He forgot all his memories with us, forgot mom's devotion to us, forgot that he had had the ideal woman and instead chose a Barbie girl. I chose to live with mom, my Miss Universe. In a couple of years, dad divorced his Miss Universe after finding out that she was cheating on him with a handsome Mr. Universe from their company.

Oh, destiny!

One Moment's Foolishness

"They were my friends, and now they are nothing."

Heartache from disastrous car accidents is reaching everyone these days. The cause? Sometimes we make mistakes that cost us our lives. But what excuse do we have to make such mistakes and to break the hearts of our closest and most dearest? A small town in Africa recently got its share of heartache.

On a typical Friday night in Kano, Nigeria, four 17-year old guys were cruising in their car at night when a friend drives by and overtakes them. The drive turned into a race and the race track became a death field after they started speeding out of control. They were going so fast that they lost all control; the car slid sideways and smashed straight into an electric pole. That split second took away four precious lives. Just like that, my childhood friends Khodor Akkar, Hassan Hammoud, Abbas Deeb and Hassan Haj were no more. They were my friends; they were to enroll with us in LIU for the Spring semester, and now they are nothing. Kano lost four angels and the world lost their future success due to one moment's foolishness.

This was preventable in so many ways. The boys had no legal permission to drive, and there weren't even official speed limits on that road. Today four mothers cry out, so lost and anguished, because of this complete disregard of road safety. Let's pray that they are the last who fall victim to this futile, preventable, wasteful heartache.

By Sara Saleh

Happiness

Many aim for absolute happiness yet few are those who reach it.

Few are those who sit under your shadow, feel your breeze, and smell your scent while lying on their backs on floating beds in the heavenly space.

How wonderful it is to be happy, absolutely happy, full of joy and surrounded by light that continues to be born over and over again, moment after moment.

Happiness has a key, an enlightened heart in the night sky that reveals the path for true seekers. It's the most influential star, our sun.

God sends us knowledge and love through the sun. Yet the sun is too bright to gaze upon. You shall wait for the moon in the night sky that converts the sharp sunlight dim.

Search for the moon with the compass of a light heart and connect to the Creator and the universe with those that are connected.

Discover your self, your heart. It's what gives you life, it's what drifts away illusion and guides you to absolute reality, your Creator.

Mahmoud Kaj

Student Voice!

Student Voice! gives readers the opportunity to provide feedback about the Scope and life at LIU. Letters should be brief and courteous (No more than 200 words).

Send to saja.takash@liu.edu.lb with subject 'Student Voice'

Dear The Scope,

Exercises, homework, extra sheets, syllabi; all of these will now be sent via the student emails. But what about students who don't have internet? And who are not always able to go to internet cafes, especially in the upcoming winter weather? What are we to do? This is a problem for us and my suggestion is that we should be given the option to receive these materials in the old fashioned way, in class and on paper.

Israa Shoker
Nabatieh campus

Dear The Scope,

I really like the Community section of the magazine! It's interesting and informative and the topics are nice. I especially liked the article called 'What a Dream' and I liked the poem 'Hope'; it's so optimistic and it raised my spirits. Keep up the good work.

Aya Roda,
Beirut Campus

Dear The Scope,

Tuition payments are proving to be a huge hassle for us since they must be made in dollars. Personally, I receive my salary in the lira, and then before each payment I have to go from place to place trying to find someone to exchange them. What I find is that other students have gotten there before me and emptied the store of dollars. Due to the huge number of LIU students these days, the entire neighborhood around the university has a dollar-currency shortage on payment days. This could be prevented if we paid in liras. Please help us!

H.R.
Beirut campus

Dear The Scope,

I am a student from the Nabatieh campus and I have a comment about the campus here. There are not nearly enough chairs and tables at the cafeterias. You can see students sitting outside on every surface, and this causes some chaos and disorganization. Also, even the chairs in the cafeteria are uncomfortable, many people slip off them because of their odd design. I hope the seating problem can be solved soon.

R.C.
Nabatieh campus



Dear The Scope,

Plagiarism is the copying of someone's quotes, thoughts, language, or expressions and representing them as one's own. In academic work it's regarded as dishonest and academic fraud. Today, the wide spread of information globally makes it easier for people to use others' work. At university, plagiarism is somehow common among students. The goal is to produce work with less effort and less time. Usually, teachers cut marks for plagiarism made by students when no reference of the original writer is mentioned. I wanted to write about this issue because it really harms the student doing it. Plagiarism as an act indicates that the person committing it is not a true seeker of knowledge. Students not making an effort to do their own work are just losing their time and money. They will not increase their knowledge capacity which helps them to succeed in real life after university. If we say it helps them in their short term grades, in the long term at work it'll show their true skills.

Mahmoud Kaj
Beirut campus

Dear The Scope,

Technology has helped people everywhere and made their lives easier – except in block C. The elevators here are not sufficient for even half of the number of students who need them, and they are constantly out of service. Overcrowding is common especially right before classes. Their malfunctioning disturbs students and teachers and prevents us from getting to class on time, even if we are in the campus much earlier. We students highly recommend that the administration find a solution to this problem.

A.Z.
Beirut Campus

Dear The Scope,

LIU has some of the lowest tuition fees in Lebanon and that is highly appreciated and serves a large part of the population. However, I applied at LIU several years after my friend, thinking that my tuition will be like his. When I found out that new students' tuitions are higher than old students', I was disappointed because the small increase is too much for me to handle financially for now. Fees should be decreased instead of increased, because some of us are counting on studying in LIU and don't have an alternative, and even small increases make a big difference.

Ali B.
Beirut Campus